# VEEKI

Thursday, July 23, 2009

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**Betty prepares to go** 

**TWICE THE FUN** 



# Banned driver is caught 9 times

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

A MAN with eight previous convictions for driving while disqualified has escaped a prison sentence for yet another identical offence.

Gary Jolly, of Dunsey Wood Close, Haverhill, admitted charges of driving while disqualified and driving with no insurance when he appeared at Bury St Edmunds magistrates court on Tuesday.

The 30-year-old also admitted careless driving and committing an offence in breach of a conditional discharge imposed for a theft offence.

Sarah Jane Atkins, prosecuting, told the court Jolly was seen driving in May by police officers who knew he was disqualified. He drove off at speed, mounted the kerb and ended up in some bushes before being arrested.

Mrs Atkins said Jolly was "no stranger to the courts" and said his "lengthy record" included eight convictions for driving while disqualified. The last was in 2007 when he was given a suspended prison sentence for driving again after being banned in 2005 for dangerous driving.

When stopped earlier this year he was still disqualified and had to take an extended test before his licence could be renewed.

■ Turn to Page 3



# Pupils make Catherine's big day extra special

PRIMARY school teacher Catherine Cherry got a big surprise from her pupils and colleagues when they staged a mock wedding for her.

Catherine is getting married to Adam Kimber on August 8 and

her excited class at Thurlow Primary School kept quiet about the service at Little Thurlow church, until a gleaming black Bentley limousine arrived to take

Nine-year-old George Allin was

the vicar who officiated at the ceremony, with sweets provided as edible wedding rings.

A reception, complete with wedding cake, was held for Catherine and Adam at the school afterwards and they were

children. Weekly News reporter Jo Deeks went along to join in the celebration, as unknown to many of the parents who arranged the wedding. Catherine is marrying

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## Betts boost

We're positive, says Rovers' boss BACK PAGE

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# Charity walk funds donated

GOOD causes have been given a massive financial boost after a charity walk raised around £12,000.

Organisers of the Bartlow Walk, which was held in May, have handed over cheques for £4,000 each to Addenbrooke's Neurology Department, Linton Health Centre and Bartlow Church Restoration Fund.

Over the last six years the walk has raised £20,000 for Addenbrooke's causes, £20,000 for Bartlow St Mary's Church and £10,000 for Linton Health Centre – a grand total of £50,000.

A spokesman for the walk said: "The presentation evening was also a chance to thank the many volunteers who helped make the event happen as well as applauding the generous contributions of local companies and the huge number of individuals who sponsored the walkers.

"Four prize winners for 'most sponsorship' this year each raised between £310 and £540 – a total of £1,670 between them.

"Prominent amongst the volunteers are the young men and women of 2523 Linton Squadron, Air Training Corps, based at Linton Village College, and their leaders, to whom we owe a huge vote of thanks for marshalling the route so efficiently and for being so dependable in their support, year on year."

The 2010 Walk will be held on May

Statistics and downloadable photographs of this, and previous, walks can be found by visiting www.bartlow.org.uk

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# Drive and survive is message to young



Bags mine: handing over litter bags at Northstreet Jet garage are, front, Peter Stevens, portfolio holder for waste and the environment with St Edmundsbury Council, garage owner Roger Westrope, and, back, waste development officer for St Edmundsbury Council, Michael Culver.

Picture: Warren Gunn 577893.

# Car litter louts are targeted in councils' joint campaign

LITTER bugs who toss rubbish out of their cars are being targeted in a new campaign by two councils in Suffolk.

As part of their on-going No Excuses campaign, St Edmundsbury Borough Council and Forest Heath District Council have teamed up with Keep Britain Tidy to tackle the problem of drivers chucking rubbish from their vehicles.

The Northstreet Jet garage in Manor Road, Haverhill, was one of those supporting the campaign to remind motorists of their responsibilities by handing out free car tidy bags.

The Highways Agency estimates that 700,000

bags of rubbish are collected from motorways and trunk roads every year. A total of 16 tonnes has been collected from the 33-kilometre section of the A14 and A11 in St Edmundsbury and Forest Heath over the past year.

People will also be asked to report incidents of littering from vehicles on the Keep Britain Tidy website at www.keepbritain tidv.org

This information will go on a database and used to analyse trends in littering from vehicles.

Clir Peter Stevens, chairman of the Joint Waste Committee said: "Other spaces that we sit in for any time have places to put litter: waste bins in the office and sitting room for example. But not cars. These free car tidy bags give people the idea of equipping their vehicles with a container that can be correctly disposed of at the end of a journey. So there are no excuses for the unpleasantness of litter thrown from cars."

Phil Barton, Keep Britain Tidy chief executive, said: "Dropping litter from a car is disgusting and makes our roadsides look like a dumping ground. We want to encourage motorists and their passengers to take their litter home rather than hurling it on our roads."

BY JO DEFKS

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A CHALLENGE to help keep young people safe on the roads is being issued to drivers across West Suffolk at an open day next month.

The Drive and Survive event, to test their driving skills and educate them about hazards on the roads, is being held at the Arc shopping centre in Bury St Edmunds on Saturday, August 1, between 10am and 4pm.

Suffolk Constabulary is joining with Suffolk Fire and Rescue and Suffolk County Council, road contractor Atkins, the Royal Society for the Prevention of Accidents, the Institute of Advanced Motorists and BikeSafe to promote safer driving with simulators, quizzes and a media screen showing films on road safety.

Between January 2008 and May this year, 49 drivers aged between 16 and 24 years old were killed or seriously injured on Suffolk roads, with 19 further passengers in this age group.

gers in this age group.

Sergeant Clare Mowson, of the Bury roads policing unit, who organised the day, said: "This event is aimed at increasing young people's awareness of safe driving practices, by using fun and informative displays alongside advice from professionals. I am hopeful that this event will help to reduce casualties within this higher risk driving group."

Tesco, Paperchase and HMV are spon-

Tesco, Paperchase and HMV are sponsoring the event with local shops helping to promote the event and people can turn up on the day, but invites have also gone out to members of the US Air Force based at RAF Mildenhall and RAF Lakenheath, as well as to local Polish and Portuguese communities, with translators on hand to assist at the event.

For motorcyclists there will be a Yamaha R1 on display. A police officer representing Suffolk BikeSafe will be available to offer advice.

Sgt Mowson said: "We want to speak to as many people as we can. The majority of people shopping or socialising in Bury will use the roads across West Suffolk on a regular basis.

regular basis.

"Whilst we want to specifically speak to younger drivers and motorcyclists, I would encourage everyone to take a moment to think before they get behind the wheel of a car or onto a motorcycle and think about safer driving.

and think about safer driving.

"Reducing casualties is a priority for Suffolk police and our RoadSafe partners and we are working hard to drive down the number of serious and fatal road traffic collisions on the county's roads."

Further information on safer driving in Suffolk can be found at www.suffolk roadsafe.net

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# £4.6m force eye in the sky has taken off

A HIGH-tech £4.6million helicopter is now patrolling the skies over Suffolk.

Suffolk Constabulary has a new EC135 aircraft, launched on Monday, which is fitted with high-definition daylight and thermal imaging cameras.

The force's latest addition replaces the previous heli-

copter, which has been in service for nine years.

Over that period, it had located 325 missing people, attended over 12,440 incidents and recovered £4,850,010 worth of property.

Chief Constable Simon Ash said: "The helicopter plays a crucial role in helping to make Suffolk an even safer place to live, work and visit.

"It is essential that we maintain an up-to-date and efficient air support service and the new helicopter will ensure we continue to provide the high level of service people

The new aircraft was bought

with a £1.8million grant from the Home Office and the trade-in of the previous one.

New laws forbid the use of a single pilot aircraft flying at night without a full autopilot, which meant the force's old helicopter would have been illegal to use by 2010.

# Driver caught again

#### From Page 1

Michael Watley, for Jolly, accepted that his client had "a quite atrocious record" but said he had already been to prison, which appeared to have done no good.

He said Jolly was a carer for his disabled sister and his poorly mother and had driven in what he regarded as an emergency situation, to get a key to restart the electricity supply for the family. He had only driven a few hundred yards before he was stopped.

Jolly was released from prison last April and had not been involved in any more drug-related offences, was voluntarily attending a drug advisory service and found some gardening work, Mr Watley said.

"He had demonstrated a willingness to co-operate and if given the opportunity can put his past behind him and become a reasonable member of society. There hope for this young man."

Jolly was made the subject of an 18-month community order, combined with a supervision order and a sixmonth drug rehabilitation requirement. He must also complete 80 hours of unpaid work and is banned from driving for 18 months, with a requirement that he take an extended driving test before he gets his licence back.

He was also fined £100 for having no insurance, £100 for careless driving and £75 costs. His conditional discharge will continue to run until September.

# Produce a fun day out

A "PRODUCE Day" will take place on Sunday from 10am-4pm at Plants That Grow in Great Yeldham

Visitors will have the chance to meet the makers of local crafts and foods, many of who supply the garden and farm shop. There will be plenty of food tastings.

For more information, phone (01787) 237403.



Up, up and away: Betty Sizer will take the controls of a Tiger Moth plane this weekend to raise money for St Nicholas Hospice

Picture: Keith Jones 57869

# Betty's fundraising ideas are sky-high

AT AN age when most people are looking forward to putting their feet up, sprightly octogenarian Betty Sizer is taking to the skies.

The 82-year-old will be taking the controls of a DeHavilland Tiger Moth bi-plane at Marshalls airfield in Cambridge on Sunday and has already raised more than £350 in sponsorship pledges for St Nicholas Hospice in Bury St Edmunds.

The great-grandmother, of Shearman Court, Haverhill, has received great support from other residents, as well as customers at Haverhill Ex-Servicemen's Club, where she is a member.

Betty says her love of flying dates back to 1960, when she started work at the Dehavilland factory in Hatfield and she often went along on "proving" flights for the aircraft.

Her late husband Ron's family came from Haverhill and the couple returned to the town after they retired.

Betty has already enjoyed a flight in a four-seater plane and an

## BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

eight-seater, arranged by fellow ex-Servicemen's club member Fred Green, who has also arranged her latest aerial jaunt.

Betty said: "I could not just sit around on my behind doing nothing. I work harder now helping organise events at Shearman Court than I did when I was at work.

"I told Fred I would love to fly in a Tiger Moth and he arranged it all for me. I thought while I am enjoying myself I might as well do some good for other people.

"I am really looking forward to it. I don't know how I will react when I get up there and take the controls, but I think I will be alright."

Betty has a son who lives in Australia and a daughter who lives in Biggleswade, as well as four grandchildren and one great grand-daughter who is 16-months old. She worked at Hawker Sidney and DeHavilland for 10 years before being made redundant. She was also with Hertfordshire police for 17 years

After five years in Scotland the Sizers moved back Haverhill.

Betty says she has received great support from friends and members of the ex-servicemen's club since Ron's death. She was one of a group of Royal British Legion volunteers recently presented with certificates after spending five years as a poppy seller

She said: "I would like to thank the people of Haverhill for supporting me in this.

"People have just handed over their money to me everywhere and I don't even know half of them.

"I have been waiting two years to do this and I am going to enjoy every minute of it."

Sponsorship forms are available at the Haverhill Ex-Servicemen's Club, Shearman Court in Mill Road or the *Weekly News* office in Queen Street.

# Problems at popular new centre

HAVERHILL Leisure Centre – which has reopened after a £5.2 million revamp – is so busy some customers say they have been unable to use it

Paul Cook told the Weekly News that he had been trying, without success, to book a badminton court since the centre reopened on July 4. He also had to queue up for 15 minutes with his two sons to get £2 passes for free swimm-

ing, but eventually went home without them.

In a complaint to centre managers, he said:
"I've been trying a couple of times a day now for nearly a week to book a badminton court. The number just rings and rings and is never answered.

"I reported that your online booking system does not seem to work for Haverhill about 10 days ago and have had a confirmation of the problem from the third party you use for the system but still no resolution.

"You say on your website that the sports development team is committed to developing sporting opportunities throughout the communities of St Edmundsbury. The most sporting opportunity I've been able to get is tapping my foot to the nice energetic dance music your phone system plays."

A spokesman for Abbeycroft Leisure, which manages the leisure centre, said: "Our staff are working hard to deal with the tremendous response we have had following the re-opening. We are asking customers to bear with us during this period of unprecedented interest."

The firm is also looking into problems with the new roof after water leaked into the main hall last Friday.

# Thieves steal trees

FLOWER-LOVING thieves have dug up trees and stolen hanging baskets in a willage

Police are linking the two thefts. The first was in Snow Hill, Clare, between 7pm and 9pm last Friday where three mature trees were dug up from beside a driveway and stolen. At Callis Street, between midnight and 2am on Saturday, three hanging baskets were stolen from the front of a pub and the watering piping was damaged.

Calls in relation to these incidents should be made to Sgt Kevin Horton at the St Edmundsbury Rural South Safer Neighbourhood Team on (01284) 774100.

# **Break-in at school**

DOORS and windows were forced as thieves broke into a village school and stole a large amount of equipment. The burglary happened at Stoke-by-Clare between 4.30pm on Monday, and 9am the following day. Five laptops, digital cameras, two projectors, alcohol, a bicycle and tools were taken.

Calls in relation to this incident should be made to Pc Ryan Harris at Clare Police on (01284) 774100.

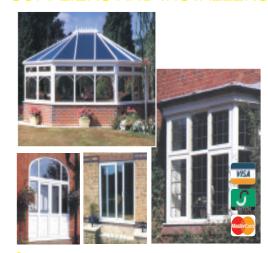
# Cash goes from pub

THIEVES got into a pub, broke into fruit machines and stole cash at Peas Hill, Haverhill.

Three offenders – two wearing dark clothing and the third wearing a light coloured hooded top – were seen entering the The Drabbet Smock at around 2.45am last Friday. They left along Mill Road.

Calls in relation to this incident should be made to Pc Carl Brandwood at Haverhill police on (01284) 774100.

# SUPPLIERS AND INSTALLERS



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# Video snack

Residents beat yobs with juice machine



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# 'Blues and twos' day is a real hoot

FLASHING lights and sirens filled a recreation ground at the weekend but there was no real incident to deal with as local emergency services hosted a 'Blues and Twos' Day.

Suffolk Constabulary joined other emergency services including fire, ambulance, dog handlers, Lowland Search and Rescue and First Responders and local organisations to give an insight into their work in Hauerhill

The event included a mocked-up crash, a first aid demonstration and a tug-of

war-competition.

Dogs and their handlers from the Suffolk police dog unit demonstrated their work in scenarios from searching for illegal substances to crowd control, alongside a roads policing officer with his motorbike and the police pod filled with crime prevention advice.

Suffolk Fire and Rescue demonstrated their aerial ladder, as well as how they tackle a chip pan fire, along with a foam tender from Stansted Airport and numerous classic fire engines.



Getting into gear: firefighter Mark Louden and Rafe Asken, 10. 576964.

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# Blind man in charity theft

A BLIND MAN who is waiting to be assessed for a guide dog stole a charity box from a newsagents shop to get money to buy his friend some shoes.

William McNicholl, 48, who has 69 previous convictions, was told by District Judge Samantha Leigh that she was taking the exceptional course of giving him a conditional discharge only because he had returned the charity box to the shop in High Street, Haverhill, along with £5 to replace the

loose change it contained.

She said: "This is a despicable offence, particularly as if he is going to have a guide dog, he will be relying on people's charity. His form is not exactly

pleasant reading."
McNicholl, of The Pightle,

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

Haverhill, told the court: "I really regret what I did, it was such a stupid thing and I have tried to help charities in the past."

Rosalind Clarke, prosecuting, said the defendant was in the Martin McColl newsagents in June with another man, who distracted the shop assistant while McNicholl stole the charity box.

Declan Gallagher, for McNicholl, said his client had an extremely complex and tragic background, which including losing a wife and child in the tsunami and another child to cancer. He had taken the charity box to buy his friends some trainers from a charity shop.



Showtime: the Bureau of Silly Ideas involves a performing gang of road workers.

# Fun and farce on offer at Big Bash

A SHOW from 'The Bureau of Silly Ideas' will be just part of the fun on offer as the annual Big Bash event takes place at Haverhill on Sunday.

The fun begins at 11am at the recreation ground in Camps Road and lasts until 5pm, with a host of activities for all the family to enjoy as more than 20 local groups and organisations raise funds and give information about what they do.

As well as stalls and stands there will be music from Haverhill Silver Band on the bandstand at 3pm, a demonstration by Power Hobbies at 11am, performances by Centre Stage at 11am and 1pm and Colette's Entertainment School at 12.45pm and 2pm.

The show from The Bureau of Silly Ideas will be at noon and 2.10pm, when a gang of road workers dance and fly

through the air, launch road cones into the sky and summon a civil engineering superhero in a high flying, acrobatic, jaw dropping farce.

There will also be extreme balloon modelling with Balloonatic at 11.30am, 1.15pm and 3pm and Anton the Juggler at 11.30am, 1.30pm, and 3.15pm.

There will also be a car boot sale and

# Pensioner cleared by jury of charges involving girls

A PENSIONER accused of indecent assaults on young girls has been acquitted of all charges by a jury after four days of deliberation.

Carl Williams, 68, was

Carl Williams, 68, was found not guilty of 17 offences, including 14 of sexual assault, two of sexual touching and one of attempted rape, involving four separate girls.

Williams, of Castle Walk, Haverhill, had pleaded not guilty to all the charges. He said the allegations by the girls, now in their teens, two of whom gave evidence via a video link – were untrue and they had made up lies about him.

Earlier in the trial at Ipswich Crown Court, Joanne Eley, prosecuting, said it was alleged the offences had been committed in the Haverhill area and in Felixstowe between 2002 and 2007. It was alleged that Williams told the girls that the assaults were "part of growing up" and also warned them not to tell anyone else about his behaviour.

The court was told Williams was arrested after one of the girls began having sex education lessons at her school and told a school nurse about what she said Williams had done to ber

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# Warning goes out after fines

A CLEAR warning has been sent to people who fly tip and abandon vehicles, following three successful prosecutions by St Edmundsbury Borough Council

Richard Devonshire, of Cavendish Court, Haverhill, pleaded guilty to dumping waste on private land and was given a one-year conditional discharge as well as a fine of £235 for costs incurred by the landowner for clearing the waste and £250 to St Edmundsbury towards the cost of the investigation.

Cllr Peter Stevens, St Edmundsbury Borough Council cabinet member and portfolio holder for environment, said: "Fly-tipping is a BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

crime, it causes some landowners unnecessary inconvenience and is a blight on the landscape. This prosecution should give a clear message that if you fly-tip in the borough then you could be prosecuted and fined."

The council also brought successful prosecutions for two offences of abandoning a motor vehicle.

Scott Thornton, of Skeaping Close, Newmarket, pleaded guilty and was fined £200, with a costs contribution of £400 and a victim surcharge of £15. Denis Robinson, of Willow Close, Haverhill, who also pleaded guilty, received a six-

month conditional discharge and was ordered to pay a £25 contribution to the costs.

Last year the council successfully prosecuted six others for flytipping.

The council received 324 reports of vehicles being abandoned last year, of which 113 were removed. Owners face a recovery charge of £105 and a storage charge of £12 per day to get their vehicles returned. If they fail to make contact with the council, the vehicles are disposed off and fixed penalty fines of £200 are issued against the registered keeper.

Anyone witnessing a fly-tip, or finding illegally deposited waste in the borough, should contact Waste Management on (01284) 757320, so the incident can be investigated.

# Man injured in attack by five men

A MAN walking past a petrol station in the early hours of the morning was attacked and injured by a group of five men.

The assault happened in Manor Road, Haverhill, between 3am and 4am on Sunday when the victim was approached from behind by five men and knocked to the ground.

There was an altercation between the man and two of the group, then the man managed to run off. He suffered injuries to his hand, chest, face and arm.

The first male is described as white, in his late teens to early 20s, with a ring in one eyebrow. He

was wearing smart casual clothing. The second male is described as white, with dark hair. Calls in relation to this incident should be made to Pc Matthew Dale on (01284) 774100.

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# **WEEKLY NEWS LETTERS**

Send your letters to: The Editor, Haverhill Weekly News, 4 Queen Street, Haverhill, CB9 9EF, or by email to editorial@haverhillweeklynews.co.uk

# Thanks for raising £1m

**Sir,** Thank you Suffolk! I am proud to announce that with the generous help of the Suffolk public, the 23 local Co-operative stores in the area and other Cooperative businesses throughout the UK, £1million has been raised so far for the Royal National Institute for Deaf People (RNID). This is fantastic news and I wish to thank all those who have donated to this very worthwhile cause at their local Suffolk Co-operative store, even through these difficult times. This money will enable RNID to do even more to help people adjust to life with a hearing loss, and to campaign for people to take their hearing health seriously. The Co-operative has chosen RNID as its charity of the year for 2009, and we have been overwhelmed by the support of staff, members and customers. However, it is a sad fact that it can take people up to 15 years to acknowledge hearing difficulties. RNID's message is simple – if you have hearing difficulties, dial 0844 800 3838 or visit www.rnid.org.uk/hearing matters to check your hearing now.

> Jackie Ballard chief executive RNID Featherstone Street London

# LETTERS POLICY

Letters should arrive by noon on the Monday before publication. Full name and address must be supplied and details will be withheld only in exceptional circumstances. Letters should be no longer than 250 words and may be edited.

Please email your letters to editorial@haverhillweekly news.co.uk

Alternatively write to: Letters to the Editor, Haverhill Weekly News, 4 Queen Street, Haverhill, CB9 9EF

# **MEMORIES**



■ THIS week's picture, taken from our archives. shows a special presentation.
Do you recognise anvone in the picture or know what the event was? Do you know where and when it was taken? Send your answers to: Memories, Haverhill Weekly News, 4 Queen Street, Haverhill, **CB9 9EF by Tuesday** morning, or email editorial@haverhill weeklynews.co.uk

Picture: 567476.

Last week's Memories photograph, from our archives, showed pupils from Westfield Primary School painting an underpass. It was taken in April, 1988.

taken in April, 1988.
Jodie Foster (nee Gaforg) had no trouble recognising the people in the photograph. She said: "My sister told me that I was in the paper and sure enough I looked and saw myself in the Memories

"I'm the third one in from the right at the back. I'm not sure how old I was but I was at Westfield Primary School and we were painting the underpass near it as it had been graffitied.

"We did it in an aquarium theme from what I remember. Other people's faces that I remember are Adam Page, Leigh Griffin, Ian Menzies, Ian Clover, Libby Cooke, Samantha Benson, Denise Baker and Kevin Carr. "Thanks for reminding me about this."

Samantha Wright also wrote in to say: "My god how long ago was this! "I am in the front row, third from right. I was Samantha Benson then, a long time ago. "We painted the tunnel at the top of the Chalkstone estate with our teacher, who I think was called Mrs Pearse. "We were at Westfield Primary School. The tall girl with Libby Cooke, Ian Clover Kevin Carr and Ian Menzies also in the front row." Natasha Aitken also recalled the event. She said: "This picture was taken at the underpath that goes under Manor Road, by Westfield Primary School.

pupils painting a mural on the wall. The top half was the sea and the bottom half was under the sea.

"I think it was done in about 1987 and it was overseen by a teacher whose name, I think, was Mrs Pearce."

Picture: 56747



# Call for staff to get stab vests



Knife fears: ambulance crews should have stab vests, says their union.

THE region's ambulance service is being urged to give stab vests to all frontline staff following a rise in threats and assaults against them.

The East of England Ambulance Service (EEAS) currently issues stab vests only to Essex staff for "crossborder responses" into London.

But trade union Unison wants the vests issued across the East, giving protection for crews in counties such as Cambridgeshire. EEAS figures show the number of

EEAS figures show the number of threatened or actual incidents of violence against staff rose from 77 in 2006/07 to 107 in 2008/09.

Unison has served the EEAS with

BY JOHN MORGAN

Email: editorial@haverhillweeklynews.co.uk

an 'improvement notice', calling in the Health and Safety Executive to assess whether the vests are needed.

Kevin Risley, secretary of Unison's EEAS branch, said: "The level of violence towards our crews is on the increase. Everybody's priority should be prevention rather than cure."

EEAS figures show threatened or actual incidents involving a knife rose from two in 2006/07 to five in 2008/09

But Mr Risley highlighted the higher figure of general assaults and said more of these could involve knives in future years.

The trust's health and safety committee "has assessed the risks of incidents involving knives at medium to low", according to papers for a recent board meeting.

The trust is looking at three options – issuing stab vests to all frontline staff, withdrawing them from Essex or using the Essex vests until they pass the replacement date with no more issued.

A trust spokeswoman said no decision had been taken.

The London Ambulance Service is the only one of the UK's 14 ambulance trusts to provide stab vests universally, according to papers for a recent EEAS board meeting.

# Credit union sees 100th customer

RESIDENTS in Haverhill have taken the chance to save with a new credit union in the town which has just welcomed its 100th customer.

Maria Mitchell, co-ordinator of the Haverhill branch of the Ipswich and Suffolk Credit Union, welcomed her 100th saver and hopes that still more people will use the facility to help handle their money

Previous surveys showed that Haverhill was bottom of six areas in Suffolk for levels of people with savings.

The credit union is a financial cooperative which helps members to save safely, budget ahead and obtain fair loans if needed. Its aim is to help people in the local area, especially those with low income who are finding it difficult to open a bank account or who do not use mainstream banking for various reasons.

The credit union is based at the Centre for Voluntary Organisations at the Lower Downs Slade, Haverhill. For more information call in or ring (01473) 690690. Helping hand: credit union development officer Maria Mitchell



Picture: Richard Patterson 570139.

# Appeal by food bank as supplies run short

A FOOD bank which has received more than four tons of supplies since it opened last October is in desperate need of more donations.

The Haverhill Food Bank has received huge support from the local community and managed to feed 250 people in its first five months of operation.

It had taken in three tons of food by April, but recently there has been a

Email: editorial@haverhillweeklynews.co.uk

shortage of food supplies, particular tins of tomatoes, cartons of UHT long life milk and tinned meats such as corned beef, ham and spam.

Henry Wilson, founder of the Food Bank and part of the Christians Against Poverty group, said: "We are desperate for those items in particular, as well as things like sugar, jam and other non-perishable foods. "We may have to get help from the Cambridge Food Bank, which will cost us money, even though they are very cheap, so we will have to use money that people have donated.

"A lot of people are on holiday and the schools are breaking up and we are very short on supplies.

"Usually we give out four or five boxes a week, but it can sometimes be as many as eight or 10 or even more.

"We have had some lovely letters from people thanking us for helping them through a bad patch and that is what it is all about.

"One woman's fiancé was made redundant just after Christmas and there is often a delay in people receiving benefits. The benefits people are really snowed under."

Donations of food items or cash can be made at the Next Door coffee shop next to the Methodist church in Camps Road, Haverhill, from Monday to Saturday between 10.30am and 2pm or ring (01440) 712950 for more information.

# **Pedal power raises** funds for Alfie

A GROUP of engineering workers are feeling saddle-sore after completing a 50-mile sponsored cycle ride. Robert Haylock, managing director of Machine Part Engineering in Haverhill, completed a 930-mile John O'Groats to Lands End ride to celebrate his 50th birthday earlier this year.

Twelve members of his staff agreed they would attempt a 50-mile cycle tour of the villages around Kedington if he completed the ride

The ride raised funds for seven-yearold Alfie Long, who suffers from severe disabilities and needs alterations made to his home in the

The Barnardiston Arms pub has led the fundraising campaign towards the target of £25,000.

# Handbag stolen from parked car

A HANDBAG was stolen after thieves gained entry to an insecure blue Toyota Yaris parked on a driveway for just five minutes.

The theft happened at Grenadier Road, Haverhill, between 3.15pm and 3.20pm on Sunday. The handbag was later found discarded in the street, with a purse and mobile phone missing. Calls in relation to this incident should be made to Pc Guy Ainsworth at Haverhill police on (01284) 774100 or Crimestoppers on 0800 555 111

# Raiders get into home

THIEVES got into a house through an insecure door and stole a handbag on Saturday.

The theft happened at Eastern Avenue, Haverhill, between 1.30pm and 3.20pm. Calls in relation to this incident should be made to DC Jacqui Mumford at Haverhill CID on (01284) 774100 or Crimestoppers on 0800 555 111.

# **Food smeared** over house

A CLOTHES line was cut in a back garden at Sorrel Walk, Haverhill, between 9am and 5 30pm on Wednesday, July 15 and paint and food were smeared over the house and garden.

Calls in relation to this incident should be made to Sgt Ali Torkington at Haverhill police on (01284)



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# WAS TO In Memoriam

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Colin, Mandy, June

Ashley and families

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# **RUNDLE** Stuart

21.06.77 - 21.07.05

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# man is sent to prison

BY JO DEEKS

Email: editorial@haverhillweeklvnews.co.uk

AN ALCOHOLIC who pointed a loaded air rifle at homes from a nearby car park has been sent to prison for three months.

Matthew Stiebrins, 27, was arrested by police after failing to turn up in court to be sentenced last week.

District Judge Samantha Leigh imposed a 12-week prison sentence after hearing that he had previously failed to see the probation service so that a pre-sentence report could be prepared and that he had also breached previous orders.

She told him: "You have five breaches which clearly shows me you don't want to comply with reports or orders. You have been running your life so that nothing else

matters except for you having a drink.

"Even if you did not intend to fire the weapon, they go off easily and especially when you are intoxicated.

"You have not done anything to help yourself and if you carry on in the way that you are, the sentences will just keep getting longer. It is entirely up to you."

Rosalind Clarke, prosecuting, said Stiebrins was seen by witnesses in a car park at Haverhill around 4pm on June 1 holding a rifle and pointing it at houses.

Police firearms officers arrested Stiebrins and found the weapon warm and loaded with a pellet, although he denied firing it.

He was charged with possessing a loaded air weapon in a public place.

Declan Gallagher, for Stiebrins, said he

denied pointing the weapon at houses and had tried to get to court on the previous occasion but had no transport. He claimed he had not received a letter with an appointment to see the probation service.

# Police chief hits out at bad drivers

A MOTHER who claimed she was too busy watching her children eat in the car to check her speed has angered Cambridgeshire's chief constable.

Julie Spence hit out at the driver's "incredible" behaviour in her latest podcast and said while a recent crackdown on drink driving had caught fewer people, perhaps police campaigns needed to be tougher.

Mrs Spence said: "Perhaps our campaigns need to be tougher, perhaps our public education programmes about the dangers of drinking and driving need to be more explicit.

"Clearly there are even some drivers who have no idea how fast they are going like the woman stopped in a recent campaign who used the excuse that she was concentrating on her children not spilling their food in the car.

"Incredible - and almost as astonishing is another driver who stopped to tell officers that they hadn't caught her this time because she was obeying the limit.'



# **Something to** Celebrate? Congratulate a friend or loved Birthday

one on their birthday, engagement, anniversary, or other special occasion, by placing an announcement in your Haverhill Weekly News and online with a guest book for family and friends to leave a message

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# Crucial safety lessons for children



Handy tips: above, Ann Topham, from the British Red Cross, teaches Charlie Morton-Moody and Gabriel Kosan how to deal with a medical emergency. Above right, children are led out from the fire demonstration unit.

Pictures: Keith Jones 572818/6.

Middle School in Haverhill got a chance to find out what it is like to be trapped in a burning house and what injuries electricity can cause.

They were among around 1,200 St Edmundsbury school children who learned vital life-lessons at the **Crucial Crew event earlier** this month

Year 6 children aged between 10 and 11 from 17 schools went to Samuel Ward Arts and Technology College in Haverhill to experience various scenarios, staffed by experts who showed children how to deal with potentially dangerous situations to protect both themselves and

what it is like being in a burning house and electricity suppliers EDF explained the dangerous forces at work. As well as fire and electrical safety, the focus was also on road safety, food safety, personal safety and personal well being.

Cllr Sara Mildmay-White, portfolio holder for community, said: "We know from feedback that children have been able to use these lessons to protect themselves and other family members in threatening situations. Crucial Crew is organised in partnership with a wide range of voluntary and statutory services, and I would like to thank all of them for their invaluable contributions.



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# College helps lift business success

A SCHOOL which has made big improvements and become widely recognised for its achievements has had its specialist school status enhanced still further.

Castle Manor Business and Enterprise College in Haverhill has had the specialist status for four years. In that time the college has made significant improvements and become increasingly recognised as a centre of best practice in enterprise learning.

Now it is one of three schools which have recently become the founder members of the Suffolk Enterprise Learning Partnership. BY JO DEEKS

Fmail: editorial@haverhillweeklynews.co.uk

The others are Denes High School in Lowestoft and Stradbrooke High

The aim of the Enterprise Learning Partnership is to encourage the development of enterprising learning in Suffolk's educational establishments across the 5-19 age

The board of the partnership includes representatives from primary, secondary, and specialist sectors of education.

The Suffolk Chamber of Commerce is also on board to represent Suffolk businesses.

Matt Bryant, business and enterprise specialist status co-ordinator at Castle Manor, said "We are really proud to be one of the founder members of this initiative to improve the development of enterprising knowledge, skills and attributes in young people.

"We need to ensure all young people in Suffolk gain these skills so that they can become successful individuals - after all, the future of industry and commerce is in this country.

The scheme is backed by the Specialist Schools and Academies Trust and makes use of funding by the Department for Children, Schools and Families to improve enterprise education.

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# YOUR GUIDE TO **MOVING HOME**

Moving home can be a complicated business and, in the hectic run to the big day, it is all too easy to forget something vital. The Property News offers their readers this handy checklist that should help avoid major pitfalls. We suggest you tick off the items as you deal with them

# WITH FOUR WEEKS TO GO:

- Get estimates from removal companies, checking that comprehensive insurance cover is available against damage or loss. Is there a packing and unpacking service? Confirm the date of your move with the firm you have chosen.
- Check on your home contents insurance policies to ensure that you are covered for the move, and covered at your new address.
- Make arrangements for your gas and electricity meters (plus water meters where relevant) to be read and all your appliances to be disconnected on the day of your move.
- Arrange to take over gas and electricity at your new address, and make sure that all appliances will be properly fitted, plumbed or connected.
- Notify British Telecom and ask them to make the necessary arrangements for a final account at your present address, and for taking over or installing telephone facilities at your new home.
- Arrange for change of address cards to be printed.

# WITH TWO WEEKS TO GO:

- Make sure you have a good stock of packing materials, including sturdy boxes and plenty of string and sticky tape.
- Begin to throw out unwanted items from attics, wardrobes. What you really don't want you may as well dump now, or send to charity. It's a great time for a good sort out!

# WITH ONE WEEK TO GO:

- Send off change of address cards.
- Arrange and pay for automatic redirection of your mail by the Post Office.
- Cancel and pay up accounts for routine delivery services such as milk, groceries, fuel and your Cambridge Evening News. Re-organise these deliveries for your new address.
- Defrost refrigerators in preparation for move and, if you are moving a freezer and its contents, turn it up to maximum for a couple of days before you move.





# WITH ONE DAY TO GO:

- Complete your packing except for those items you are likely to need overnight, and prepare a picnic for moving day.
- Have a large enough cash 'float' available to deal with unexpected expenses, and make sure you have collected documents and valuables together in a safe place.
- Cover carpets which are being left behind, so as to minimise damage during furniture removal.
- Check through previous lists to make sure nothing has been overlooked, then enjoy a worry-free early night!

# **ON MOVING DAY:**

- Strip beds and pack bedding and nightclothes.
- Pack items for washing/toiletries
- Take down curtains
- Take up rugs, carpets, floor coverings, as required.
- Dismantle any light fittings etc., not included in the sale
- Turn off electric appliances.
- Disconnect cooker.
  - Turn off boiler/central heating.
- Turn off water.
- Read gas meter.
- Read electricity meter.
- П Secure all windows.
- Lock all doors.
- Leave key as arranged with new owners.
- On arrival at your new home, unpack slowly and methodically so that you can check for loss or damage.

# **EXTRA HINTS FOR** A SMOOTH MOVE.

## WHO TO NOTIFY:

- Banks.
- Building Societies.
- Credit companies.
- Insurance companies.
- Gas, Electricity and Water Boards.
- Telephone company.
- Local Authority (Rating Department).
- Driving Licence authorities.
- Store cards and accounts.
- Other lease, hire or rental companies.
- Employer.
- Doctor.
- Dentist.

- Professional Bodies/Trade Unions
- Motoring organisations.
- Newsagent.
- Friends and relatives.

Degree project: Bradley Hunt with Camera-head Man at the end of year show.

# Rail commuters to get discount

COMMUTERS can get discount season tickets if their employer is part of the Travel for Work initiative.

First Capital Connect is supporting the Cambridgeshire scheme by offering a 10 per cent discount on monthly, quarterly and annual train season tickets for those travelling to Huntingdon or Cambridge stations.

Gary Armstrong, travel plan adviser at Cambridgeshire Travel for Work, said: "This is a very exciting incentive which will be added to the portfolio of services we currently provide to the TfW membership.

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# **Student is focus of attention**

A GRAPHIC design student put CCTV cameras in the spotlight and attracted national media attention with a degree project which was part of a recent exhibition.

Bradlev Hunt, 21, from Barnardiston, was among graphic design foundation degree students at University Campus Suffolk who

Email: editorial@haverhillweeklynews.co.uk

produced a range of very professional, high quality work for their end of year show in London.

Bradley sparked interest in the national press and media with an awareness campaign, highlighting the potentially excessive use of CCTV cameras in urban Britain.

He devised an original and unique piece of performance art, highlighting the fact that the movements of the average city dweller are continually monitored and recorded.

His creation of Camerahead Man generated a lot of interest with the general public, on the internet and in the national media.

Bradley said: "This is more like fine art than graphic design. I got interested in things the public could interact with. I thought that, while I am still doing my degree, I have a chance to play around with ideas.

"We took it to London and the response was amazing. There were hundreds of people joining in and taking photos.

If you missed the exhibition, you can view examples of the students' work on: www.12designers.co.uk

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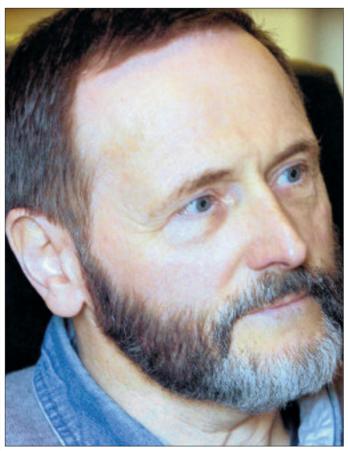


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# Diagnosis was the good news — the bad news was no cure



Raising awareness: Jeff Gerrard reveals a lifetime of facing up to ME.

Picture: Duncan Lamont 562105

LUMPED on the stairs, heart pounding and legs like jelly, Jeff Gerrard couldn't move.

For a fit and healthy 27-year-old, it was a terrifying experience – which marked the beginning of a 30-year battle with ME.

"There have been times when I physically couldn't get out of bed, times when just taking a shower felt like a dream, explains Jeff, now 56.

"Being totally honest, there have been times when I felt suicidal. I felt like this thing was destroying me and destroying my life . . . I felt there was no way out. And that was too much to bear."

ME – myalgic encephalomyelitis – is also known as Chronic Fatigue Syndrome. A chronic and debilitating illness, it affects an estimated 250,000 people in the UK, 22,000 in the East of England alone.

A neurological condition, it has many and varied symptoms, from joint pain and headaches to problems with sleeping and eating. The cause of ME is unknown. And there is no

Sitting in the office of

A successful business with a new life ahead in the States, Jeff Gerrard suddenly became very ill. He tells ALICE RYAN how it took years for his condition to be diagnosed and how ME has had a devastating affect on his life

his Huntingdon home, reclining in an easy chair, it's clear that every day life is a real battle for Jeff.

"Just doing this interview will really take it out of me," he explains. "I'll have to be really kind to myself for the rest of the day; I'll probably go to bed. But I've learned - the hard way - to listen very carefully to my body. If I don't, there will always be consequences."

"What can I say? Life's a bitch and then you die,' adds Jeff, with a laugh. "But there's no point sitting here thinking my glass is half empty: it's half full. There are so many people out there who are worse off than I am.

"I had a mate with multiple sclerosis. He died – it killed him. I'm still alive. And, when I have a bad day, I can tell myself that I will get better, that I will get back some of my life. You can't just give up."

Jeff chose to share his story because he wants to raise awareness and acceptance of ME. Until recently, the condition wasn't recognised: it took Jeff more than 16 years to get a formal diagnosis.

"Not having a diagnosis is a killer. It really is," says Jeff. "You think it could be a brain tumour, it could be something fatal. Or you think the thing that will definitely screw with your head – that it could all be in your mind."

When Jeff first fell ill he was on a family holiday in Florida with his wife Valerie and young son James. A successful businessman, working in the electronics industry, he had just decided to emigrate to the United States to start a new job and a new life.

"For two to three weeks before we left I had gastroenteritis," explains Jeff. "But, being me, I worked on through it. I didn't even slow down, really. I thought of myself as indestructible: my body was a machine that never let me down."

But then, a matter of days into the holiday, Jeff

collapsed. Walking back to the hotel one night, after a meal in a restaurant, his heart began to race, he felt dizzy and faint and his legs went from under him. With Valerie's help, he made it back to the hotel where he slumped on a staircase, unable to move for almost three

"It's like being paralysed," explains Jeff. "You have absolutely no physical energy. When I tried to move my heart started hammering and my breathing was laboured. Even to move a little bit involved so much effort, it was like climbing a mountain.

"Nothing like that had ever happened to me before so it was a bit of a shock."

A doctor was called and he suspected heat stroke. When he woke the next day, Jeff says he felt tired, but assumed he was better – and so carried on as normal. By that afternoon, he had collapsed again.

"That's when it dawned

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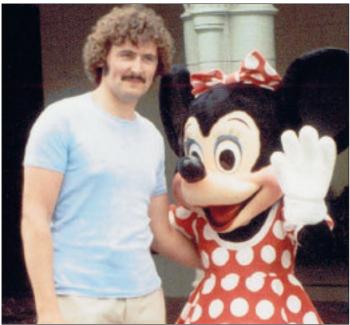
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Bombshell: Jeff at Disney World in 1980, the holiday during which he fell ill with ME.

on me that it wasn't over," adds Jeff. "In fact, that was only the beginning."

The family moved to Los Angeles as planned. Jeff found the job of his dreams. It should, he says, have been a wonderful and exciting time

But, as the months went by, Jeff's health failed to improve: he was rushed into A and E numerous times, in the wake of yet another collapse.

Forced to quit work, the young dad was desperate to find out what was wrong. After endless tests, which left him "feeling like a pin cushion", doctors still drew a blank.

And no treatment seemed to help: over the last 29 years, Jeff has tried everything from light therapy and faith healing to aura cleansing and aromatherapy.

In the end, he and

Valerie decided to leave America for her native Canada, where she became the breadwinner. Jeff took a part-time job to help make ends meet but, at times, even that was a struggle.

"My wife is one in a million," adds Jeff. "She was working, looking after our son and looking after me. Without her, I don't think I would have survived."

Little by little, thanks to plenty of rest, Jeff's condition began to improve. Always ambitious, he threw his renewed energy into his career: after winning a job with a recording studio, he again set up his own business

Then, in the late 1980s. he, Valerie and James returned to England where Jeff's health continued to be "a real rollercoaster". In 1996, he was finally diagnosed

"I did lots of research on the internet, came

across ME and thought: 'That sounds like me'," he explains. Consulting an expert, Jeff was told he did, indeed, have the condition.

The news was, he remembers, a mixed blessing. "The good news was that I knew what I had. I knew what was wrong. The bad news was that there is no cure."

Since then, Jeff has suffered a series of relapses. One, in 2003, left him barely able to feed himself.

His symptoms include chronic exhaustion, panic attacks, extreme sensitivity to light. blinding headaches, vertigo, sweats and shakes, memory loss, high blood pressure, a racing heart . . . the list goes on.

Jeff can't work. His social life is, he adds, very limited. And he has separated from Valerie (though she lives nearby and continues to care for him).

Determined to live as full a life as possible, Jeff has to abide by a strict set of rules. He has to eat regularly, but avoid certain foods and drinks (caffeine and alcohol, for

example, are both out). He has to rest as much as possible and never

push himself: he even limits the time he spends with his two young grandchildren to a few minutes at any one time. "Underneath it all I'm still a very, very bad

person," says Jeff, with a wry smile. "I still have ambition. I still have a drive to achieve success in life, through having my own business and being a useful and valued family member. That's really, really bad for a person with ME.

"Unless they find a miracle cure, it's very, very unlikely I will achieve those things. What you need to do is let go of your old life, let go of your old expectations. And that's hard."

Despite all he's been through, Jeff refuses to give up. "I enjoy music, watching films and, when I'm up to it, a visit from the family," he says. "And my wife keeps me going. She is the one miracle in my life that makes it all worthwhile.

"You have to count your blessings, don't

# ME –the facts . . .

■ ME – Myalgic Encephalomyelitis – is a chronic, disabling illness which affects more than 250,000 people nationwide ■ Affecting many of the

body's symptoms, including nervous and immune responses, ME can strike anyone at any age. The exact cause is unknown, though viral infections (such as glandular fever) can be a trigger. There is no simpl

Symptoms include extreme fatigue, muscle and joint pain headaches, concentration and memory problems, ness, dizziness, poo emperature control, and

increased sensitivity to light

and sound.

■ An estimated 60,000 sufferers in the UK are so severely affected they are either bed or housebound. Some even have to be tube

■ According to 2006 research, carried out at Sheffield Hallam University the nation is £6.4 billion a

The charity Action for ME, which Jeff supports, is campaigning to raise awareness of the condition and support and understanding for sufferers For more information visit www.afme.org.uk

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# New chapter in library's history

ASCENDING the winding spiral staircase, you're met by a pair of imposing marble busts and the unmistakable smell of ageing books.

From the moment you set foot in St John's Old Library, tucked away in the heart of the college, it's clear the place is steeped in history.

"I always like opening the library to visitors." says outreach worker Katie Birkwood, with a smile. "Whether they've come to see a specific book or just to look at the building, nobody fails to be impressed. It's great to see the look on their faces

Built in the 1600s, the library is home to some 30,000 old books. innumerable personal papers and even a collection of miscellany (including a tea set which belonged to the poet William Wordsworth).

Normally closed to the public, the library will be opening this year – as part of Open Cambridge 2009. Launched last week, Open Cambridge is a weekend of free tours, talks and open events; aimed at the general public, it's a rare opportunity to explore the libraries, art collections, architecture and gardens which usually lie hidden behind college

To mark the launch of Open Cambridge 2009 – a chance for people to peek behind the scenes at the university – Alice Ryan takes a tour of St John's College Old Library, home to medieval manuscripts, modern letters and a famous tea set . . .

"For me, the best thing about Open Cambridge is the 'open' bit," says Katie. "I think it's brilliant to be able to open up some of these beautiful and interesting places – places that people don't normally get to see.

"The university libraries are, in particular, fascinating: whether they're home to 30,000 books, like ours, or they've just got a small collection of particular interest, they are wonderful places to visit."

Katie is currently Hoyle Project Associate at St John's Old Library, a post funded by a Heritage Lottery grant. As well as doing outreach work, she is in charge of cataloguing the personal papers of astrophysicist Fred Hoyle: a graduate of St John's, he is perhaps best-known for coining the phrase "Big Bang".

"One of my favourite things in the library is actually one of Hoyle's letters," adds Katie. "We have his

telescope here, a present to him when he was a boy.

"He went to London with his mother to buy it and wrote a letter back to his father: in that letter he describes his first observations through the telescope - and draws a little picture of Saturn. The whole letter is just so full of boyish enthusiasm and excitement.'

St John's College was, Katie explains, founded in the early 1500s. The Old Library was, she continues, not built until the early 1600s; the college had an earlier library, abandoned after a particularly generous – and sizeable – donation of books.

Funded by a rich bishop, whose arms still hang on the library wall, the replacement building took five years to complete; each and every set of bookshelves was hand carved from

As part of Open Cambridge, which takes place in September, Katie will be

giving visitors a guided tour of the library. As well as telling them a bit about the history of the place, she will show them some of the library's most famous books, including an Irish psalter which dates from around the

That, adds Katie, is the oldest book in the collection: akin to the legendary Book of Kells, it contains more than 100 psalms – and numerous illustrations of their supposed author, David (of David and Goliath fame).

Leading the way to a display cabinet, Katie points out the biggest volume in the collection: a vast tome, it's a Spanish antiphonal from the 15th century. The smallest book, hidden under a velvet cloth, is a 19th century almanac barely an inch long.

As well as a collection of highly coloured medieval manuscripts, there is an impressive selection of early printed matter, including 350 incanabula, books printed in or before 1500. The earliest printed work in the library is a book of Cicero, dating from

Pulling a large leather-bound volume from the shelf, Katie explains that, contrary to popular belief, you don't need to wear white gloves to handle old books. "If you wear gloves



Old favourites: Katie Birkwood selects a tome in the Old Library, above right.

Pictures: David Johnson 576137/ 167

you're actually more likely to damage them, because your sense of feeling isn't so good," she says.

Opening the book – a medical text, circa 1550 – she reveals some gruesome illustrations, pen and ink drawings of a human dissection. "If people like a bit of blood and guts, we've got that too," she laughs.

■ Katie will be leading four tours of St John's College Old Library as part of Open Cambridge 2009, which takes place from September 11 to 13. Places on the tours are free but must be booked in advance, See www.cam.ac.uk/opencambridge for

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Snappy show: Ella Hollins, Carla Richardson, Jan Cory, Haverhill LEAP Centre head Barbara Adshead, art tutor Rose Hubbuck and

# Digital photographers stage first exhibition

ART and digital photography students at West Suffolk College have been exhibiting their work at Haverhill Arts Centre this month.

The college has held art exhibitions before, but this is the first year to feature work by digital photography students

Haverhill LEAP Centre head Barbara Adshead said: "We are really pleased to be showing over 50 pictures in different media, all produced by local students who attended adult education classes.

Photography student Bill Hubbuck said he was really pleased with the work that he had produced and felt that the classes had enabled him to improve his pictures.

From September there will be a range of daytime and evening art classes and evening digital photography classes available in the Haverhill and Newmarket

The college is also looking for new tutors to teach in and around Haverhill all subject areas, from keep fit to IT. languages and many more Qualified tutors are invited to speak to Barbara Adshead.

To find out more about courses or teaching vacancies, contact the Haverhill LEAP Centre on (01440) 712177.

# Free new programme offers help to carers

A NEW programme is being launched to help carers in Cambridgeshire make a positive difference to their lives and those of the people they care for.

West Anglia Crossroads, which provides care for adults, young carers and families of children with disabilities in Huntingdonshire, South and East Cambridgeshire, Fenland and Peterborough, is launching Caring with Confidence, backed by the Department of Health.

The free programme gives carers an opportunity to explore the services available to them and offers sessions including Finding Your Way, Caring and Coping, Caring and Me, Caring and Resources, Caring and Life and Caring and Communicating.

Stephen Jacobs, the Caring with Confidence project board chairman, said: "The contribution made by carers is huge, but it is a role that is often taken on at short notice and without preparation, leaving carers to struggle with the vital responsibilities that they have assumed - this is where Caring with Confidence can help.

For details, call (01480) 499091, email cwc@west angliacrossroads.org.uk or visit www.westangliacross roads.org.uk or www.caring withconfidence.net

# Thieves cut into compound to raid van

A CATALYTIC converter was stolen from a van by thieves who broke into a compound.

They cut through a fence at Homefield Road. Haverhill, between 5.30pm last Friday and 7.30am on Monday to steal the converter from the red Iveco Daily.

An unlocked white Fiat

van was also raided and a stereo was stolen.

Calls in relation to this incident should be made to Pc Karl Hale at Haverhill Police on (01284) 774 100.

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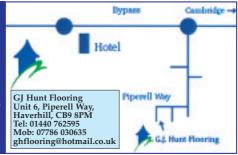
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PHOTOGRAPHER David Doughty can capture every aspect of your wedding day.

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"People say to me, 'I suppose the wedding season's starting now', but it doesn't stop, it's January to December," says David. "I do about 20 weddings a year. Some of the months it's just one a month but May is always very busy."

Named The Gallery, David's studio and shop includes a room dedicated just to wedding photography.

photography.

He says: "Couples can come along and not only look at my albums and photos but also other wedding services in the local area."

If you choose David to take your wedding pictures, following an initial discussion he will then meet you to discuss the types of photos you want him to take. On the day, David

# ADVERTISING FEATURE

and a second photographer will get a combination of traditional and informal shots.

David says: "We can start from the bride getting ready and then we'll go off to the venue and can cover the whole day"

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"A picture book album is where the photographs get turned into a book so rather than have the photos put into an album the pages are actually the photographs," explains David.

"About half the weddings we photograph go for that. It's a very modern, nice-looking book and every one is unique because we design them ourselves here."

David is already taking bookings for next year so if you would like more information about The Gallery's wedding photography or other services, call David on (01440) 712333 or drop into the shop at 1 Lower Downs Slade, Haverhill.







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# Scintillating sounds for classic summer

MUSICAL extravaganza is in the air as the Cambridge Summer Music Festival prepares for its 30th anniversary season of concerts.

With headlining acts ranging from traditional choral pieces to Caribbean bands, festival organisers are ensuring every musical taste is catered for.

The festival is picking up the anniversary theme, incorporating pieces from Scottish composer Robin Orr on the 100th anniversary of his birth, and a treasure trove of music by Purcell, Handel, Haydn and Mendelssohn.

There is something for all the family this year as children are entertained with the popular ArtSbus - a mobile workshop venue that will give kids a chance to make instruments, play musical games on the WOOFYT (Wooden One-octave Organ for Young Technologists) and learn all about the violin from Chloe Hanslipp.

The 21-year-old violinist was the winner of the classical BRITS award for Young British Classical Performer in 2003 and has been wowing critic and charming audiences, having taken on the mantle of the UK's fastest rising star violinist.

As well as future star youth performers, the concoction of concerts delivers performances from BY LEANNE EHREN

experimental vocal trio Juice, the Ukulele Orchestra, and great cellist Raphael Wallfisch performing romantic sonatas.

Performances are set in some of Cambridge's more intimate and enchanting performance spaces including churches and chapels college rooms, concert halls, and country settings.

A festival spokesman said: "It is that happy synthesis of scintillating performer, atmospheric venue and thrilled audience that makes Cambridge Summer Music Festival so special.

This year's highlights include:

delighting audiences

With 2009 marked as the international year of astronomy, what better way to celebrate Haydn's anniversary than by attending a fresh and vibrant production of his comic opera, *Il Mondo della Luna* (The World in the Moon). Opera East has been

> Music for Kids has this year education and spontaneous

Fast Anglia since its creation a decade ago, and this tale of love, deception and the abuse of telescopes – performed in English – is set to be full of talented young singers giving exceptional performances. For one night only catch Opera East at West Road Concert Hall tomorrow at 7.30pm. Tickets cost £19, £16, £12.

Whatever the summer weather, we are being promised hot music from esteemed Flamenco jazz guitarist Eduardo Niebla, who infuses Indian, Arabic and classical influences with a fiery passion, to warm any summer's evening.

His 30-year long career has led to him crossing continents, performing at a variety of concerts from Glastonbury to the Athens Olympics In Cambridge he will be joined by fellow guitarist Carl Herring, bass player Ken Marley, and Dave Hassell on drums. With Childerley Hall grounds opening at 5.30pm, the concert starts at 7.30pm on Saturday with tickets costing between £25 and £12, reduced prices for under 16s.

> brought to you Aurora Workshops, offering a stimulating blend of music

August 8. For more information, visit www.cambridgesummer music.com Tickets for all

These fun activities introduce children to music and key concepts allowing them to join in performance time. At 4.30pm the Aurora Orchestra, comprising what is said to be some of the most talented young musicians in the country, perform Room Town Written by Hollywood compose

Chris Willis, this piece features pirates, robots, a farmyard, pancakes, and a trombone-playing duck. It showcases various instruments, with plenty of opportunities for everyone to be part of the performance.

The workshop starts at 1.30pm and costs £3 per child. The family concert kicks off at 4.30pm, at West Road Concert Hall on Sunday at £5 for adults with children under 16 free.

Rainer Hersch's Victor Borge takes the Great Dane's original hilarious act and re-imagines it for the 21st century.

Rainer plays himself and Borge as he tells the stories of both men, with charm, music and wit, Hersche will be performing at the Babbage Lecture Theatre on Friday, August 7, at 8pm. Tickets cost £15-£11.

The festival runs until Saturday, performances can be purchased on (01223) 357851.



Leisure or events news? email jo.deeks@cambridge-news.co.uk phone (01440) 703891

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Trying to fit in with the crowd could be a pain. If you're forced to choose between your conscience and being popular, be true to yourself. Some friends will accuse you of betrayal, but eventually they'll respect your

# To how more call 0905 202 6857

Building your identity on a career isn't the best idea. You need to balance your life with other things: friends, family, hobbies. It's nice to be appreciated at work, but things always change. It's a good week to return phone calls and emails.

# To lear more call 0905 232 6857

You may be putting too much trust in a teacher or professional's opinion. What's good for them isn't necessarily right for you. Strive to find your identity in this situation. You're a person who needs and enjoys lots of freedom.

# To hear more call 0905 200 6857

It's time to take control of your finances. If you have a business or romantic partner who is being irresponsible with your joint funds, maybe it's time to open a personal account. Having your own nest egg is crucial to your emotional security.

# To how more cell 0905 222 6857

You may be putting too much stock in a close relationship. Being in love will not solve all of your problems. In fact, it can multiply them. You are too strong to be influenced or intimidated by anyone, but getting just the right balance will be a bit of a struggle.

# To how more cell 0905 232 6857

Overindulging in food or drink will be wasted. You need to make sensible choices about what you put into your body. It may be wise to avoid a friend who likes to party hard this week. If you've fallen into bad habits, someone close may law the law down.

# To hear more call 0905 232 6057

It is possible to have too much fun! Shirking your responsibilities will make friends angr. If you're recently fallen in love, it will be hard to tear yourself away from your lover's side. You can't keep cancelling appointments for the sake of this relationship

# To her more cell 0905 232 6857

You might be overreacting to some career pressure. Try keeping this situation in perspective. If your boss asks you to do the impossible, be ready to just say "no" and explain why. The more rational you are, the easier it will be to find a compromise.

#### To her more call 0905 232 6857 Saughtharium reach their

Promising more than you can deliver will get you in trouble. You've always proud of your total honesty. Think what will happen if people start doubting your word. There may be good intentions behind your vows, but be realistic about what you can do.

#### To her more call 0905 232 6857 Capricom Decretors

Insisting others toe your line creates resentment. What you think is important may not make any difference to your relatives, colleagues or neighbours. A placid person's angry outburst is a warning you have gone too far.

# To hear more call 0905 220 6857

Don't throw your pearls to swine. Although you enjoy being generous with your resources, you need to examine the reasons behind this behaviour. Winning people's approval in this way may lead to disappointment

#### To been more sell 8995 222 6057

Don't give people too much credit this week. A secret enemy could be working against your interests. Leave a paper trail of memos for all of your work. That way, if somebody tries to take credit for it, you'll be able to prove who the true author is.

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# THEGUIDE MUSIC THEATRE SCREE

# Welcome to the Hotel California for one night

IT'LL be a Welcome to the Hotel California – better known locally as the Haverhill Arts Centre – for one night tomorrow at 8pm when Desperado: The Eagles Tribute takes place.

The show features all the classics, with sweet vocal harmonies layered over note-perfect guitar musicianship and dips into the solo careers of Henley and Walsh, the icing on the cake for all fans.

- Haverhill Keyboard Club favourite Chris Powell, who has established himself as one of the UK's busiest entertainers with concerts and dances throughout Britain, stops off at the arts centre on Tuesday at 7.30cm.
- The Theatre of Widdershins, who brought The Eives and the Shoemaker, to a packed arts centre in 2008, is staging Rapunzel and the Tower of Doom on Friday, July 31 at 11am. Poor Rapunzel is spending her life in a tower with some strange woman using her locks as a stepladder. Suitable for ages four and over, the show runs for 55 minutes.
- With the children in mind, the arts centre has Monsters Vs Aliens (PG) showing on Monday at 10.30am. When Susan is hit by some outer-space gunk she mysteriously becomes a giant and is placed in confinement with a ragtag group of monsters who are enlisted to save the planet.
- In Paris 36 (12A) showing on Monday at 7.45pm, it's 1936 in Paris and the springtime election of a left-wing government brings wild new hopes, but also sees the rise of extremist ideas. In French with English subtitles.
- Tom Hanks reprises his *The Da Vinci Code* role as Harvard religions expert Robert Langdon in *Angels and Demons* (12A), and once again finds that forces with ancient roots are willing to stop at nothing, even murder, to advance their goals. Starring Ewan McGregor, Stellan Skarsgard and of course Tom Hanks, it screens on Wednesday at 7.45pm.
- Another film for the children, Coraline (PG) is showing on Thursday, July 30 at 10.30am and 2.30pm. Coraline explores a seemingly perfect version of her life behind a secret door.
- For more details about the shows, or to book tickets, phone (01440) 714140 or go to www. haverhillartscentre.co.uk

# Funky, bluesy tunes from forever Young

BY FMMA HIGGINBOTHAM

GIVEN that many people can't mention TV talent shows without sneering, you'd think that *Pop Idol* winner Will Young might try to sweep his origins under the carpet. But no.

Not only is the singer-songwriter "extremely proud, and always will be" of his very public breakthrough, but Young admits he's a massive fan of reality shows.

"I'm obsessed with them all. I love them!" he grins. "And I weep at all of them too – I completely buy into the whole thing. I'm terrible – I'm the person who buys the wine that's at the end of the aisle, even though it's more expensive, because I think it's on offer. I'm a complete sucker."

Sucker or not, Young has enjoyed a seriously successful career since pipping Gareth Gates to the Pop Idol post back in 2002. Thanks to his ability to please discerning audiences without alienating the screaming teens, the Berkshire boy has become one of the LIK's hest-loved solo artists, with 11 top10 hits including Leave Right Now, Light My Fire and All Time Love under his belt. He's also achieved sales of a whopping eight million, 10 Brit Award nominations (two of which he's won) and a string of other accolades, from Ivor Novello awards to the slightly less high-brow Rear of the Year gong in 2005. But hopefully it'll be Young's front that the audience will be concentrating on when he performs at Audley End on

"It'll be great fun. I haven't done a house for a long time – I've been doing more festivals. But life's all about variety, so it'll be great to go from Glastonbury one minute to a nice smart house the next," he says.

Judging by the comments section on his website, fans will be corning from all corners of Britain for the concert (even one from Scotland, who says he's very much looking forward to seeing Young at "Audbury House"). So does he often see the same faces in the crowd?

"Oh God yes, some people have been coming for years," he says, but insists it doesn't unsettle him: "No, it's actually quite nice. I was probably



freaked out to begin with, but now I'm like 'Oh, hello! How are you?' It's brilliant because they're so enthusiastic, and there's nothing wrong with a bit of enthusiasm.

Nothing at all."

Enthusiasm is something Young has by the bucket-load, which makes it all the more surprising that he didn't always have stardom in his sights. In fact, on leaving school he went to Exeter University to study politics, but quickly decided that a career as a politician wasn't for him.

"No, because I'm really stupid! People think I'm really clever because I'm quite well-spoken and I did politics, but actually I'm not," he laughs. Instead, he plumped for performing arts college in London in 2001, and the rest, as they say, is history.

So what can we expect from Mr Young at Audley End?

"We're going to be doing an upbeat set, and I'm really, really pleased with it. Last summer my set was quite mellow, almost 'bluesy, souly pop', whereas this one is a bit more funky — 'funky bluesy pop', I suppose."

Will turned 30 in January and, he says, he's absolutely loving it:
"Basically if there's any excuse to have a party, I just go 'No this is my 13th'. People say 'but you've had 10 13ths', and I say 'Well I'll have another one'. Why not? It's brilliant.

"I don't really like looking older, but I love getting older. I'm getting more and more confident and content, and I think that comes across in my performances."

And although he's currently back in the studio working on album number five, Young admits that he's happier on stage than anywhere else.

"You just det brilliant audiences and

a great reaction to things, and that's something you don't get when you're in the studio.

"That excitement, the vibe off people, is infectious," he sighs. "I just love what I do so much."

■ Will Young, Audley End House, Saturday at 7.30pm. Tickets £30 (£28.50 concessions). Contact www.picnicconcerts.com

# Cinema

HAVERHILL CINEWORLD 0871 200 2000 Times from Friday, July 24, until Thursday, July

The Taking Of Pelham
123 (15): Wed 8.15pm:
The Proposal (12A): Daily
10.45am, 1.10pm,
3.30pm, 6pm, 8.30pm.
Harry Potter And The
Half-Blood Prince (12A):
Daily 11am (subtilled
Mon), 1pm, 2.15pm,
4.20pm, 5.30pm
(subtilled Mon), 7.45pm,
8.45pm.

o.-topin:

Bruno (18): Daily 5pm,
7pm, 9pm.
Ice Age 3 - Dawn Of The
Dinosaurs (U): Daily
1.30pm; 4pm, 6.15pm;
Daily except Sat 11.20am.
My Sister's Keeper (12A):
Daily except Wed 8.15pm.
Transformers - Revenge
Of The Fallen (12A): Daily
2pm; Daily except Sat
11.10am.
Night At The Museum 2
(PG): Daily 10.50am.

(PG): Daily 10.50am. Ratatouille (U): Sat 10.30am. Bolt (PG): Sat 10.30am.

HAVERHILL ARTS CENTRE (01440) 714140 Times from Friday, July 24, until Thursday, July

Monsters Vs Aliens (PG): Mon 10.30am. Paris 36 (12A): Mon 7.45pm. Angels & Demons (12A): Wed 7.45pm. Coraline (PG): Thu 10.30am, 2.30pm.

CAMBRIDGE CINEWORLD 0871 200 2000 Times from Friday, July 24, until Thursday, July

30. The Blues Brothers (15): Tue 6.15pm, 8.50pm. The Taking Of Pelham 123 (15): Wed 11.15am, 1.45pm, 4.15pm, 6.45pm, 9.15pm. The Proposal (12A): Daily

10.43am, 1.15pm, 3.45pm, 6.15pm, 8.45pm, 6.15pm, 8.45pm, 6.15pm, 8.45pm, 1.4arry Potter And The Half-Blood Prince (12A): Daily 10.10am, 10.50am, 11.30am, 12.40pm, 1.20pm, 2.90pm, 2.90pm, 5.90pm, 4.30pm, 5.10pm, 5.50pm, 7pm, 7.40pm, 5.20pm, 9pm; Fi & Sat 10.10pm.

Bruno – Snipped (15): Daily 12.50pm, 2.50pm, 2

Jally 12.30pm, 2.30pm, 4.50pm, 7pm, 9.10pm; Daily except Sat 10.50am. Bruno (18): Daily 9.40pm; Daily except Tue 7.35pm. Ice Age 3 - Dawn Of The Dinosaurs 3D (U): Daily 11.20am, 1.40pm, 4pm; Daily except Tue 6.20pm, 8.40pm.

Ice Age 3 - Dawn Of The Dinosaurs (U): Daily 12.40pm, 3pm, 5.20pm; Daily except Sat 10.20am (subtitled Sun); Tue 7.30pm.

Public Enemies (15): Daily except Sun & Wed 2.10pm; Daily except Mon & Wed 8.30pm.

Transformers - Revenge
Of The Fallen (12A): Daily
except Wed 11am,
5.20pm.

Kambakkht Ishq (Subtitled, 12A): Sun 2pm; Mon 8.30pm. Ratatouille (U): Sat 10am.

Bedtime Stories (PG): Sat 10am.
Bolt (PG): Sat 10am.

CAMBRIDGE CAMBRIDGE ARTS

PICTUREHOUSE 0870 755 1242 Times from Friday, July 24, until Thursday, July 30.

Harry Potter And The Half-Blood Prince (12A): Daily 2pm, 5.15pm, 8.30pm.

Antichrist (18): Daily 2.20pm, 9.20pm; Daily except Thu 7pm; Daily except Sat, Sun & Wed 11.45am; Thu 4.30pm. 35 Shots Of Rum (15): Daily 2.30pm, 4.40pm, 9.10pm; Daily except Wed

Moon (15): Daily 7pm; Daily except Thu 5pm; Daily except Sat & Wed noon; Sat 12.20pm. The Little Polar Bear (U):

Festival Of Cuban Cinema
- Personal Belongings
(15): Sat 11am.
Festival Of Cuban Cinema

- The Silly Age (La Edad De La Peseta) (15): Sun noon. Festival Of Cuban Cinema

- Omerta (TBC): Wed noon. Coco Before Chanel (plus

Coco Before Chanel (plus Q&A) (12A): Thu 6.30pm.

#### SAFFRON SCREEN (01799) 501091

Times from Friday, July 24, until Thursday, July 30. Synecdoche, New York (15): Fri & Sat 8pm.

Night At The Museum 2 (PG): Sat & Sun 4pm; Tue & Thu 3pm. The Prince And The Showgirl (Part subtitled, PG): Sun 8pm.

The Girl Cut In Two (Subtitled, 15): Mon 8pm.

# Crossword

# Take vehicle some distance for cooking

seeds. (7)
4. Strike repeatedly until exhausted. (4)
6. Eminent person, though incompetent? (7)

9. Number one beat back through the country. (6) 11. Fibre is, in this way, let out. (5) 12. Tiny boy returns to amount at the top. (6) 15. Clothes make one

weary after a short

18. Hold a large number by torch. (5) 19. Resent being confused as one comes in. (6) 21. Connect water sport

to artist. (7)
23. Repeat thanks at farewell. (2-2)
24. Posed uncomfortably by it with first payment. (7)

#### Down

Frank, consumed with becoming an applicant.
 (9)
 Vermin appearing at

repeated sound of door knocker. (7) 3. Story-teller turned up, losing right to become ill. (3)

(a)
4. Forbid rug being
brought up for hen. (6)
5. Some formal society
needs this as well. (4)
7. Carry round lake to
make indistinct. (5)
8. Finishes during friend's
summing up. (4)

10 Without the

necessary ability, can't reach. (3,2,2,2)
13. Relative to being dirty, lacking article. (5)
14. Sow collapsed after drink of honey in fields.

2123

(7) 16. One live tune returns to European peninsula. (6)

(6) 17. Teas served messily under Chinese direction. (4) 20. Neither rests on a girl.

(4) 22. Anger removes female from starting flames. (3)

■ Solution to 2122 – Across: 1 Bard, 2 Sesame, 8 Comb, 10 Vie, 11 Example, 12 Rye, 13 Peter, 17 Prate, 19 Par, 21 Sublime, 22 Ash, 23 Thug, 25 Opened, 26 Beet. Down: 1 Bacon, 2 Rim, 3 Repair, 4 Sample, 5 Leveret, 6 Peeler, 9 Bent, 14 Earshot, 15 Enabled, 16 Opiate, 17 Privet, 18 Abet, 20 Night, 24 Hue.

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# Take action to kill off slugs and snails

THIS recent weird weather - with intense heat followed by torrential downpours has brought out slugs and snails in their droves.

The pests have been attacking annuals, lettuces and other crops before many of us have had time to enjoy them.

Of course, the damage inflicted by slugs and snails is usually at its worst in late spring when young plants are vulnerable, but even at this time of year they can munch through leaves and decimate established plants.

So, take action before it's too

Here are 14 tips to help control slugs and snails, particularly after heavy downpours.

- Place rings of sharp grit around your plants, which will damage their underbellies and deter them. Some people use shallow frames of chicken wire with the sharp end just sticking out of the ground, which does the same job.
- Use broken eggshells for the same technique, but mix them with dry bran, which absorbs the moisture slugs and snails need for mobility.
- Make traps from plastic containers, sinking them into the soil near susceptible plants with the rim 2.5cm above the surface, and fill them with beer. Empty and refill regularly.
- Go on a slug patrol at night with a torch, a bucket of salted water and gloves, and pick off all those you see. Check plants while the pests are feeding and drop them in the salty water. Once they are dead, drain the water and empty



## by Hannah Stephenson

them onto the compost heap. ■ Keep your garden free of hiding

- places. So clear away piles of leaves or other rotting vegetation. ■ Try to encourage natural predators to keep the slug and snail population down. Frogs and toad feed on slugs, while some birds such as thrushes gorge on snails.
- Hoe regularly from the start of the growing season. Slug and snail eggs are small and white, usually appearing in clusters. If worked to the surface they will die in the sun or be eaten by predators.
- Place plants you are willing to lose alongside crops you really want to save, as slugs and snails will usually go for the easy target.
- Place copper tapes around pots, which send out a tiny electric charge to deter slugs and snails climbing up the outside of them.
- If you must use slug pellets, protect innocent wildlife by placing the poison under covers raised a fraction at one side to allow the pests access.
- Use a biological control to control numbers, which is especially effective for killing small slugs that live under the soil. The name of the microscopic nematodes is Phasmarhabditis

hermaphrodita, which are watered onto the ground.

- Use slow-release fertilisers, as these do not produce soft growth - which is more attractive to
- Keep digging over the soil in winter and spring. Any cultivation of the soil will help to disturb slugs.
- Plant species that they don't like, such as hardy cranesbill geraniums, hydrangea, potentilla and lavatera.

#### BEST OF THE BUNCH

- Hollyhock (Alcea or Althaea) These wonderful cottage garden favourites grow to around 1.8 metres and produce tall spires of flowers in a variety of colours from July to September. In the 19th century, the hollyhock was almost wiped out by rust disease - today there are only a few varieties available, and it's best to go for single colours. Good types include A rosea 'Nigra', which is a deep burgundy and single, while 'Chater's Double Group' is one of the tallest, at 1.8m to 3m, with peony-type flowers in pink, apricot, red, crimson, salmon, pale yellow and white. For the best results, plant them in a sheltered position in sun or partial shade in a moisture retentive soil.

#### GOOD ENOUGH TO EAT

Aubergine (Solanum melongena) Aubergines are an ideal addition to Middle Eastern dishes, in bakes or stuffed with cheese, and to make dips such as Baba Ganoush. They like a warm climate and high humidity, so are ideally grown in a greenhouse or on a sheltered, sunny patio in containers. Yellow, black, white, red and purplefruited cultivars are available but for the kitchen stick to F1 hybrid black-fruited types.

Sow seed indoors at temperatures of 21-30C and prick out into pots when the seedlings are around 5cm tall. Once they have reached the four-leaf stage (which will be earlier in a greenhouse). they can be put in their final position. If you decide to plant the aubergines outdoors, cover them with cloches or fleece to give them a good start and protect them from wind. However, planted outdoors they are unlikely to give as good a vield of fruit, and the fruits may be

In June, stake and tie in the plants as needed and remove the main tip/growing point when 30cm high. Feed with a high potash fertiliser once the third fruit ĥas set (first fruit outside).

Ensure that indoor plants do not dry out as aubergines suffer from blossom end rot, although not as easily as tomatoes. Mist the foliage regularly with tepid water to discourage red spider mite and to help flower set.

When five or six fruits have set, remove any other flowers as plants are unlikely to be able to support any more fruit.

Cut each fruit from August onwards when they've grown about 15cm long and the skin surface is still shiny. Good varieties include 'Moneymaker' and 'Rima'.

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Ved 29 July 7.45pm Angels and Demon

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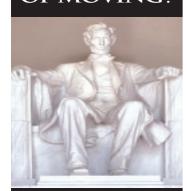
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# THINKING OF MOVING?



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# THEGUIDE | WEEKEND TV

# SATURDAY

# BBC<sub>1</sub>

- 6.00 Breakfast. 10.00 Saturday Kitchen. A look back at some of the culinary treats created on the show.
- 11.30 Eating in the Sun. Nadia Sawalha travels to Portugal here she prepares fish dishes 12.00 BBC News: Weather.
- Formula 1: The Hungarian 12.10 Grand Prix - Qualifying. Live Athletics. The London
- Grand Prix. BBC News; Regional News; 5.30
- Weather Weakest Link
- Total Wipeout. 20 more 6.50 contestants compete over the obstacle course
- The National Lottery: Guesstimation. 7.50
- 8.40 Casualty. 9.30
  - Outnumbered. Ben tries to get elected as the class rep, while his father returns from a colleague's funeral troubled by mortality, money problems and the anaconda attack his son is filming in the garden. Domestic comedy, starring Claire Skinner Hugh Dennis and Tyger Drew-
- BBC News; Weather.
- FILM: Deep Impact (1998). The human race faces annihilation 10.20 when a comet is discovered to be on a collision course with Earth. Sci-fi drama.
- 12.10 Friday Night with Jonathan

# BBC2

- Tikkabilla. 6.00
- Fimbles. 7.00 Animalia. Sportsround
- 7.40 Funky Fables.
- 7.50 Flint Kid 8.05
- 10.00 Transmission Impossible.
- 1.30 al Park: Wild on the West Coast. Scientists try to tag a blue
- 4.45 Escape to the Country
- Empire of Cricket. The history of
- Coast. The team visits Normandy. 7.00
- BBC Proms 2009. From the Royal Albert Hall, London, Clive Anderson introduces a Prom marking the anniversaries of Delius, Elgar and Holst.
- Have I Got a Bit More News for You. Satirical current affairs quiz. 9.50 Blood and Guts: A History of
- attempts in ancient India to the present day. Horne & Corden. A bank heist is 11.30 interrupted by a person
- 12.00 The Culture Show

- 6.00 GMTV. The Planet's Funniest Animals 9.25
- 10.25 Countrywise. Paul Heiney visits the north of Scotland Quincy ME. A former vaudeville
- star is murdered. Crime drama. starring Jack Klugman. 11.55 FILM: Frankie and Johnny (1966). Musical, starring Elvis
- Presley and Donna Douglas.
- ITV News and Weather. 1.45 Who Wants to Be a Millionaire?
- Celebrity. With Piers Morgan and Emily Maitlis. 2.45 Beat the Star. Former tennis star
- Greg Rusedski compet onshot: The Flight of Apollo 4.00 Fact-based drama
- Creature Comforts. Animals talk about life in a safari park.
- News and Weather You've Been Framed! A selection of camcorder
- That's What I Call Television. Bradley Walsh helps Fern Britton celebrate Fighties TV
- Who Wants to Be a Millionaire? 8 40 A Touch of Frost Inspector Jack Frost reopens an unsolved murder case when the remains of a 14-year-old girl, who went missing 20 years previously, are discovered on a nearby housing development.
- ITV News and Weather. 10.40 FILM: Raw Deal (1986). Action thriller, starring Arnold Schwarzenegger
- Holly & Fearne Go Dating

# **CHANNEL 4**

- 6.10 The Hoobs.
- World Sport 7.30 British Formula 3 International
- Series
- 8.00 8.55
- T4: Yo Gabba Gabba 9.25 T4: Friends
- 9.55 T4: T4 on the Beach. T4: 4Music: Dizzee Rascal: 10.45
- deo Exclusive
- 10.50 T4: Friends. 11.20
- T4: Friends 11.50 T4: Harry Potter and the Half-
- Blood Prince: A T4 Movie
- T4: Big Brother. 1.25 T4: Big Brother, Eviction
- Channel 4 Racing 1.55
- 4 00 Gok'e Fachion Fiv Come Dine with Me. Four 5.05
- instalments of the culinary competetion
- Channel 4 News. 7.35 FR Gates unsets Sam when he
- goes out looking for a homele 8 30 ER. Neela has to defend her actions in court after the death of
- a natient Big Brother. Highlights from the past 24 hours
- 10.30 8 Out of 10 Cats: Big Brother Alan Carr: Chatty Man. The 11.20
- comedian is joined by actor Mickey Rourke.
- 4Music: U2: Video Exclusive: I'll Go Crazy If I Don't Go Crazy

## five

- Sunrise.
- 6.00 Angels of Jarm.
- 7.05 Music Box. 7.15 Flmo's World
- Mio Mao. 7.35 7.45 Hana's Helpline
- Olivia.
- Adventures of Bottle Top Bill. 8.15
- Harry and His Bucket.

- The Secret of Eel Island
- 9.00 The Mr Men Show
- 9.15
- 9.30 Gerald McBoing Boing.
- 10 00 The Grid.
- Mean Machines.
- 11 00 Fifth Gear FILM: Heck's Way Home
- (1995). Family adventure, arring Chad Krowchuk
- 1.50 FILM: The Adventures of Huck Finn (1993). Mark Twain's classic adventure, starring Elijah
- Wood.
- Five News. FILM: Flipper (1996). 4.05 Adventure, starring Elijah Wood.
- FILM: National Lampoon's Vacation (1983). Comedy, 5.55 starring Chevy Chase
- 7.35 NCIS
- NCIS. A Marine suspected of 8.30
- murdering a girl is killed in Iraq. CSI: Crime Scene Investigation 930 daughter is found in a back street
- Law & Order: Special Victims Unit. 10.30
- The Real CSI. 11.30 12.00 Quiz Call



Whatever It Takes ITV, Sunday, 9pm



Channel Four, Saturday, 7.35pm



Law & Order: Special Victims Unit five, Saturday, 10.30pm

# SUNDAY

- Breakfast
- 10 00 The Bin Questions Country Tracks. Ellie Harrison ourneys along the River
- 10th round of the season, staged at the Hungaroring in Budanest Live MotoGP. The British Grand 3.00
- Songs of Praise. Pam Rhodes 5.55 visits Sunderland where she talks with miner-turnedentrepreneur Duncan Bannatyne.
- Countryfile. Matt Baker and Julia 7.00 Bradbury learn the secrets of livestock demonstrations at the Royal Welsh Show and are offered advice on buying a pony.
- Rivers with Griff Rhys Jones. The actor and comedian
- 10.00 BBC News; Weather. (C) 605423 FILM: The Rock (1996) A renegade general armed with
- and Nicolas Cage 12 35 Sign Zone: Empire of Cricket

- BBC<sub>2</sub>
- 6 00 Tikkahilla
- 7.00 Uncle Max
- 7.30 Gimme a Break. Da Dick and Dom Dairies. 8 30 MI High
- Undercover Dads. 9.00 10.00 Something for the Weekend.
- Escape to the Country. 12.20 Monk FILM: Rirdman of Alcatraz (1962). Prison biopic, starring
- Burt Lancaster. EastEnders. 4 00 4.30 Live Swimming. The World
- Aquatic Championships. Dragons' Den. Business ideas include a new line of cosmetics for darker skin, and a range of eco-friendly disposable
- Top Gear. The trio are challenged to find classic cars at auction for £3,000 each, before competing in a rally in Majorca
- 9.00 On Thin Ice. After an enforced 24-hour rest, James Cracknell Ben Fogle and Ed Coats head on to the Antarctic plateau at good
- 10 00 Mock the Week Dara O'Briain hosts the topical comedy quiz
  FILM: Gonzo: The Life and
- Work of Dr Hunter S Thompson (2008). Documentary profiling the life of the counter-culture journalist and author 12 00 FII M. The One and Only

- 6.00 GMTV
- 9.25 Britain's Favourite View. Katherine Jenkins' nomination Coronation Street. 0 40
- ITV News and Weather. 11.55 12.00 Wish You Were Here: Now &
- 12.30 Dream Homes A man takes a risk with his Jersey home. 1.30 Dickinson's Real Deal. An old
- teddy bear is sold for charity in Co Durham.
  FILM: Columbo: Troubled 2.30 Waters (1975), Detective
- drama, starring Peter Falk 4 30 Lewis. The inspector investigates the murder of a talented maths student.
- News and Weather. The Royal. Weatherill treats a schoolgirl whose crush on a teacher has spiralled out of control.
- My Friend Michael Jackson: Uri's Story. Uri Geller pays tribute to the star, remembering their long friendship and presenting previously unseen footage from his private archive
- 9.00 Whatever It Takes. ITV News and Weather. 10.45 Comedy Classics: Duty Free, A celebration of the Eighties
- comedy. Crossing Jordan A passenger 11 45 and baggage handler die at the same time, leading to fears an airport has been infected with an airborne virus.
- 12.45 A Match Made in Heaven

# **CHANNEL 4**

10.00

- 6.05 The Hooks
- Yo Gabba Gabba 7.00 Beach Volleyball.
- 8 25 The Track and Field Show T4: T4 on the Reach: Buried
- 10.45 T4: Hollyoaks.
- 1 20 T4: Big Brother's Little Brother 2.20 T4: Ugly Betty. Kimmie Keegan asks Betty to help her find a job.
- T4: The Simpsons.
  FILM: The Poseidon Adventure 4.20 (1972). Disaster movie Channel 4 News.
- Looking for Love. Documentary examining the increasing difficulties faced by young Muslims in finding love. Wife Swap. A doting mother who refuses to allow her partner 8 00

and children to lift a finger trades

lives with a businesswoman

Revelations: Muslim and

- who enjoys making time for Big Brother. Highlights from the 9.00
- nast 24 hours Alan Carr: Chatty Man. The host is joined by comedian Kevin Rishon
- 8 Out of 10 Cats. Highlights 10.50 from the current series.
- FILM: The Watcher (2000) A 11 25 detective gives up searching for a serial killer and moves to a new town, but the murderer follows him. Thriller
- Big Brother Live.

# five

- 6 00 Sunrise
- Angels of Jarm 7.05 Music Box. Elmo's World
- 7.30 Chiro. 7.35 7.45 Min Man
- Hana's Helpline 8.00 Olivia. Adventures of Bottle Top Bill.
- Harry and His Bucket. 8.30 8 50 The Secret of Fel Island The Mr Men Show
- 9.15 Rupert Bear. Gerald McBoing Boing. 10.00 Michaela's Wild Challenge. Menastructures

10.30

- The Hotel Inspector. 12.30 Build a New Life in the Country. Animal Rescue Squad. Highlights of the series.
- 150 FILM: Riding Shotgun (1954).
- FILM: My Stepmother Is an 3.20 Alien (1988), Sci-fi comedy. FILM: My Favorite Martian (1999). Sci-fi comedy. 5.20
- Five News. FILM: Charlie's Angels (2000). The trio of secret agents strive to save an electronics genius from 7.05 the clutches of a cunning rival.
- Action adventure FILM: Pistol Whipped (2008). An alcoholic former cop is offered a tempting deal by a mysterious old man. Action
- FILM: Poltergeist II: The Other Side (1986). Horror sequel. 11.05
- 12.50

# BBC<sub>1</sub>

- 6.00 9.00 The Andrew Marr Show
- BBC News; Weather. 12.00 Formula 1: The Hungarian Grand Prix. Live coverage of the 12.10
  - EastEnders. Omnibus
- 6.30 BBC News; Regional News;
- 8.00 Hope Springs. explores the influence of aterways throughout history
  - chemical weapons holds San Francisco to ransom from a stronghold on Alcatraz. Action thriller, starring Sean Connery

- 7.25
- Wolverine and the X-Men. 8 30 Richard Hammond's Blast Lab.
- 11.30 Young Dracula. Diving. The World Aquatic 12.00 Championships
- Racing from Ascot. 2 30
- Flog It! From St Austell 5.30 the sport in India.
- 8.00
- 10.30 Surgery. Michael Mosley explores reconstructive and cosmetic techniques, from early
- searching for a phone charger



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# YOUR MOVE

Thinking of selling this Summer but worried about the housing market?

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Your Move, your Local National Estate Agent combines the best of local advertising, local staff with knowledge of the local market together with national network linked estate agency offices, plus 8 internet websites casting the net further to catch you a buyer.

Call Darren, Senior Manager on 01440 707222 for your free no obligation market appraisal.







Established end terrace house overlooking a small green briefly comprising entrance hall, cloakroom, lounge, dining room, kitchen, three bedrooms, family bathroom, gas heating, double glazing, gardens.







Ideal first purchase, mid terraced family house briefly comprising entrance lobby, lounge, open plan kitchen/dining room, utility room, cloakroom, three bedrooms and family bathroom, oil fired heating and garden.







Well presented Semi-detached family home briefly comprising entrance hall, cloakroom, lounge, kitchen/dining room, three double bedrooms and bathroom, double glazing, oil heating, front and rear gardens and garage.

# STURMER £458,000





Detached cottage in semi-ruraul location standing in established garden briefly comprising, 2 reception rooms, kitchen/breakfast room, utility room, cloakroom, four double bedrooms and family bathroom. Double garage with office over, indoor swimming pool/games room.

# £1000 plusVAT Fixed fee deal

For all instructions received in August, we will sell your home for a flat fee of £100 + VAT\*. Move now and take advantage of this grand offer

# Contact us for more details.

\*Terms and conditions apply. Offer only valid if you also arrange your conveyancing and HIP through us. A £250 withdrawal fee will apply.

Well presented detached bungalow in popular

Well presented detached bungalow in popular residential area briefly comprising: Entrance hall, lounge, dining room, conservatory, kitchen, master bed with en-suite, two further bedrooms and family bathroom, double garage, corner plot.

The UK's most visited estate agency website\*

www.your-move.co.uk

# 01440 707222

haverhill@your-move.co.uk







Well presented detached family home on a no through road location, the accommodation in brief comprises. entrance hall, cloakroom, lounge, fitted kitchen, conservatory/dining room, three bedrooms, family bathroom, gardens, parking and office.







Detached bungalow, popular residential development, well presented. 2 bedrooms, lounge, kitchen/dining room, bathroom, gas central heating, driveway and garage. Front and rear gardens.







Mid terrace house located overlooking a small green on the popular Chalkstone development, three bedrooms, lounge, re fitted kitchen/dining room and bathroom, cloakroom, double glazing, central heating terraced garden to rear.







Extended detached family house briefly comprising entrance hall, cloakroom, three reception rooms, kitchen/breakfast room, master bedroom with en-suite, three further bedrooms, family bathroom, garage and parking, corner plot.

# HAVERHILL £385 PPM



Located in the village of Kedington, Annex accommodation comprising open plan living area, kitchenette and shower room, call for further details. Available

**BURY ST EDMUNDS** 





Semi-detached victorian house in the centre of Bury St Edmunds, walking distance of bus and train station, two reception rooms, four bedrooms, bathroom and shower room, converted cellar with en-suite shower, garden to rear



# BURY ST EDMUNDS



Well presented town centre apartment located just off the Butter Market in Bury St Edmunds comprising lounge, kitchen/dine, double bedroom and bathroom, garden to rear AVAILABLE NOW.



£550 PCM

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# **PROPERTY**

# homes on e rang







SITUATED within Haverhill is the Hanchett Rise development, one of three major developments which have cropped up in the town this year.

Hanchett Rise offers a selection of one, two, three and four-bedroom houses and apartments.

"Many of our one and twobedroom apartments have fantastic views and are a really great opportunity for first-time buyers," says Karen, of developers H C Moss.

Gill, who has sold new homes in the district for seven years, adds: "We have been delighted with sales so far this year – we have a few fourbedroom homes available from £186,950, with generous room sizes, a choice of fittings – and part-

exchange potential."
Supported by Abbotts
Countrywide estate agents,

Haverhill branch manager, Andrew Gibbs comments: "I have lived in Haverhill most of my life and sold property here for the last nine years.

"I am proud to represent H C Moss they produce a quality product.
 "Hanchett Rise is also ideally positioned for local and town amenities.

For further details about the properties, contact Abbotts Estate Agents on (01440) 702575.

# Two-bed is an ideal first buy



THIS two-bedroom end-ofterrace home would make an ideal first-time buy.

The property stands in Ruffles Road, Haverhill, and has an entrance hall, good-size living room, kitchen, cloakroom, two bedrooms and a bathroom.

The accommodation is attractive and neutrally decorated.

There are gardens to the front and rear, as well as an allocated parking space. It is on the market for £126,000. Contact Abbotts on (01440)

702575 for more details.

Haverhill.



# Mid-terrace house in quiet location

THIS mid-terrace house occupies a quiet cul-de-sac position in Pavilion Court,

The property consists of two

bedrooms, a living/dining room, kitchen, cloakroom and bathroom.

There is a small enclosed garden to the rear and

allocated parking to the front. This property can be rented for £550 per calendar month. Contact Preview Property Services on (01440) 714219.

# Why sell the traditional way?

Get Estate Agents to value it and put it on the market.

Show people around the property (mostly "nosy parkers" & sightseers).

If no offers received after 2 or 3 months, reduce price.
Show more people around.

Eventually accept an offer at between 5 & 10% off the advertised price.

Hope the sale doesn't fall through (over 30% of sales don't reach completion)

Once price agreed, wait a further 3 months for sale to complete.

Work out how many £000s it has cost you in reducing the price, making mortgage payments, paying Estate Agents fees and legal fees since you started the process (on average, 7 months ago...)



# The simple alternative

- Pay no Estate Agent's fees
- Pay no Legal fees
- No further mortgage payments
- Have cash within days
  (Instead of months)



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- 3 heds (Available)
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Challenge CXG to let your property within 4 weeks if we can't deliver we will refund ALL your set up fee.

We are so confident we can let your property within this timescale that we will also give you a reduced management fee for the first three months of 8% should we not be able to let your property within this timeframe.

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#### CHURCHFIELD DRIVE STEEPLE BUMPSTEAD



4 bed det house, lounge, d/room, kitchen & utility room, cloakroom, conservatory, bathroom with shower, carpets gas heating, garden & garage

£950<sub>p</sub>

## STONECROSS HOUSE KEDINGTON



3 bed first floor flat, lounge, kitchen/breakfast room, bathroom with separate toilet, carpets, gas heating, communal garden & off road parking, no pets/children

£530p

#### **SPRING COTTAGES HAVERHILL**



bathroom, carpets & stone flooring, storage heaters, large garden & on road parking, no pets

£525pc

#### TOWNEND CLOSE HAVERHILL



1 bed first floor flat, lounge, kitchen, bathroom, carpets storage heaters, private parking, no pets

THE OLD POST OFFICE COTTAGE CAVENDISH

£475pc

£525pcn

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6b HIGH STREET

HAVERHILL





2 bed mid terrace, lounge/diner, kitchen, bathroom, carpets, gas heating, garden & garage, pets negotiable

#### **ICKLETON PLACE HAVERHILL**



3 bed mid terrace, lounge, kitchen, d/room, cloakroon bathroom, carpets, gas heating, garden & parking, pets

£610pcn

#### KINGS ROAD GLEMSFORD



£525pcm

bathroom, gas heating, ston parking, pets negotiable



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#### WEST WRATTING

A WELL ESTABLISHED THREE BEDROOM TERRACED
HOUSE WHICH HAS BEEN SUBJECT TO EXTENSIVE
UPDATING TO A HIGH STANDARD

Upvc double glazing \* 18' Kitchen \* Large refitted bathroom
Off road parking \* Oil fired central heating
NO ONWARD CHAIN

£165,000



SHARDLOW CLOSE

AND END OF TERRACED PROPERTY, LOCATED ON A CORNER PLOT WITHIN A SMALL CUL DE SAC.

• 2 Bedrooms • Lounge/dining room • Sealed unit double glazing • Larger than average rear garden • Allocated parking • Must be seen

£119,995



#### **HAVERHILL**

A SMART MODERN THREE BEDROOM END OF TERRACE PROPERTY LOCATED ON THE CASTLE REACH DEVELOPMENT WITH PARKING FOR TWO VEHICLES & LOCATED WITHIN A CUL-DE-SAC.

- · Fitted kitchen
- · Lounge/dining room
- Bathroom suite
- · Well presented rear garden
- Built by Abbey Homes
- Must be viewed £138,995







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#### **Mustards Gap**



Self build architect designed detached house. Four bedrooms, dressing room & en-suite shower room, three reception rooms

£319,950

# **Earls Green**



INDEPENDENT ESTATE AGENTS

## **Henry Close**



Popular designed detached family house corner plot, lounge, dining room, kitchen/ breakfast room, four bedrooms, two en suites, double width drive, detached

£224,950

### **Castle Lane**



Extended family residence, four bedrooms ground floor cloakroom, lounge, fitted kitchen, dining/ family room, sun room, single garage, driveway, generous front & rear gardens.

£205,000

## **Spartan Close**



Detached family house, private road location, ground floor cloakroom, lounge separate dining room, kitchen/ breakfast room, 4 bedrooms, en suite shower room, detached garage, delightful gardens.

£205,000

#### **Kedington**



INDEPENDENT ESTATE AGENTS

# **Blackmore Close**



Much improved link detached family house. Ground floor cloakroom. Lounge. Dining room. Fitted kitchen. Utility room. Four bedrooms. Bath/ shower room. Converted garage. Delightful gardens.

£194,950

### **Arrendene Road**



Link-detached family house, Conservator (16'8 x 8'4), fitted kitchen, three bedrooms re-fitted bathroom, delightful gardens. No

£179,950

#### Wratting Road



Popular close to town location. Well presented semi-detached house. Cloakroom, lounge, kitchen/dining room, three bedrooms, family bathroom, rear garden, detached garage, timber built stables/storage

£169,950

#### **Shannon Close**



Linked detached family house, fitted kitchen, L shaped lounge/ dining rooom, three bedrooms, family bathroom, UPVC double glazing ( where stated), garage (currently converted) and driveway.

£164,950

## **Helions Park Avenue**



Well presented semi-detached family house. Lounge, kitchen/dining room, three bedrooms, family bathroom, front and rear gardens, garage and driveway. No onward chain.

£163,500

## **Russett Close**



Semi detached property, Three bedrooms, En suite, Kitchen/ diner, Lounge, Ground floor cloakroom, Upve double glazed windows, Front & rear gardens, Garage & driveway.

£155,000

# **Helions Park Avenue**



Convenient location to town centre, Well presented semi-detached property Lounge, separate dining room, re-fitted kitchen, three bedrooms

£155,000

## **Castle Lane**



Well presented semi detached, lounge fitted kitchen, separate dining area, three bedrooms, bathroom with fitted shower. approx. 60ft rear garden, detached garage

£154,950

## **Cramswell Close**



Well presented end of terrace, lounge, kitchen/ dining room, three bedrooms, family bathroom, detached garage, block paved driveway, delightful rear garden, UPVC double glazing.

£154,950

## **Gurlings Close**



Popular Boyton Hall development, nicely situated terrace, lounge, kitchen/diner, one bedroom, bathroom, front & rear gardens, garage en-bloc, gas fired central heating, early inspection highly recommended.

£107,000

## **Connaught Road**



Popular Clements development, terraced family house, kitchen/ dining room, storage room, 3 bedrooms, larger than average rear garden, gas fired central heating, UUPVC double glazing (where stated).

£105,950

# **Seymour Drive**



Well presented family house. Part furnished, lounge, dining room, kitchen with appliances, three bedrooms, en-suite, with appliances, three bedrooms, en-suite garage, delightful rear garden. Available

£650 pcm

#### **Ashen**



Delightful Grade II listed detached cottage, fitted kitchen, dining room, lounge, study, ground floor bath/shower room, principle bedroom with vaulted ceiling. Available August.

£650 pcm

## Stradishall



Popular residential location. Terraced family house. Lounge/ dining room. Kitchen/ breakfast room. Three bedrooms. Family bathroom. Front & rear gardens. Garage en bloc. Available Now.

£550 pcm

#### Waters Edge



Popular residential location, top floor apartment, one double bedroom, bathroom with shower, lounge/dining room, fitted kitchen, storage heaters, allocated parking. Available shortly.

£495 pcm

# **Oueen Street**



dining room, fitted kitchen, shower room,

balcony, storage heating. Available Now. £450 pcm

36 Queen Street, Haverhill, Suffolk CB9 9EF Tel 01440 708100 Fax 01440 707900 samuelsea@btconnect.com



# Cheffins







Wixoe

£389,000

A spacious, substantially extended and beautifully presented semi-detached house set in over half an acre, in a lovely leafy lane within a charming village. Five bedrooms, En-suite, Three reception rooms, conservatory, garage.



Clare

£325,000

A rather fine Georgian townhouse together with self contained shop and period outbuilding, set on Clare's handsome, historic market place and with great further potential. 3 bedroom townhouse, Shop and office,

£239,950

A tastefully presented four bedroom detached house, nicely set well back from the highly desirable Roman Way crescent with a deep frontage, lovely mature gardens and a high degree of privacy.

The accommodation includes:

Hall, cloakroom, sitting room 18'1 x 11'5, dining room 21'10 x 7'9, study 10'4 x 10', kitchen / breakfast 19'1 x 9'9.

Four bedrooms, en-suite, bathroom. Driveway parking, gardens.



Haverhill

£239,950

A deceptively generous, extended 5 bed detached family house overlooking a green area in a pleasant small close on the highly sought-after Hanchett Grange development. En-suite, Three reception rooms, Kitchen and utility, Garage

















Haverhill

A nicely presented and well improved four bedroom detached home, well situated on the edge of the popular Castle Reach development. Four Bedrooms, Master With En suite, Two Reception Rooms, Fitted Kitchen,

# 01440 707076 cheffins.co.uk

# Cheffins



# **NEW PRICE**

# Haverhill £216,950

A nicely presented and well designed four bedroom detached house, beautifully set on the edge of the development overlooking open fields. The property also benefits from a single garage and a generous driveway for three cars. 118 sq.m. (1270 sq.ft.).



# **Sturmer** £224,950

A spacious and pleasantly presented three bedroom detached chalet bungalow. Enjoying generous and private mature gardens. 100 sq.m. (1076 sq.ft.). Two Reception Rooms, Kitchen / Breakfast Room, Refitted Bathroom.







# Haverhill £237,500

A most attractive detached house with four good bedrooms, set on the highly desirable Hanchett Manor development and enjoying a private south-west facing garden. Four bedrooms, En-suite, Two receptions, Kitchen and utility, Generous plot.



# Withersfield £379,950

A generous detached bungalow with additional first floor space. Beautifully secluded in established gardens in a lovely village lane. Four Bedrooms, Master With En Suite, Three Reception Rooms, Modern Fitted Kitchen, Utility Room, Conservatory.



01440 707076

HAVERHILL LONDON

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### LITTLE WRATTING

A DELIGHTFUL & CHARMING CHARACTER COTTAGE, RARELY SEEN ON THE OPEN MARKET WITH THE BENEFIT OF NO ONWARD CHAIN.

- Two reception rooms
- Utility room

- Garage
- Gas radiator heating

£145,000









STEEPLE BUMPSTEAD

AN EXTENSIVELY UPDATED MODERN LINK DETACHED FAMILY HOUSE

• 3 Bedrooms • uPVC double glazing • 24ft Lounge/dining room • Cloakroom • Garage • No upward chain

£169,995



**GOLDINGS CLOSE** 

A TERRACED PROPERTY WITH OPEN PLAN ACCOMMODATION, LOCATED ON THE HIGHLY REGARDED BOYTON HALL DEVELOPMENT.

1 Bedroom • Double glazed • Gas radiator heating
 • Kitchen/breakfast room • Garage

£104,950



**CALFORD DRIVE** A SUSBSTANTIAL DETACHED PROPERTY LOCATED ON THE HIGHLY REGARDED HANCHETT MANOR DEVELOPMENT:

• 6 Bedrooms, 2 en suites • 28' lounge
• Good size kitchen/dining room • Utility room
• Conservatory • Large gardens and double garage
\$339,995



**BELMONT COURT** 

A REALISTICALLY PRICED MODERN FAMILY HOUSE OF SPACIOUS PROPORTION.

• 3 Bedrooms • Good size lounge • Kitchen/dining room • Utility room/store

£105,995



HAVERHILL

A SUPERB THREE BEDROOM SEMI DETACHED HOUSE, PRESENTED TO AN EXTREMELY HIGH STANDARD & OFFERED WITH NO ONWARD CHAIN.

• Two reception rooms • Re-fitted kitchen • En-suite shower room • Garage to rear • Must be viewed

£155,950



CASTLE LANE
A FANTASTIC OPPORTUNITY TO PURCHASE THIS FOUR
BEDROOM SEMI DETACHED FAMILY HOME, WHICH
HAS BEEN ENLARGED AND UPDATED TO BOAST
SPACIOUS ACCOMMODATION.

\* Kitchen/dining room \* Utility \* Ground floor shower room
\* Good size lounge \* Conservatory \* Spacious gardens
£159,995



**STURMER** 

AN ATTRACTIVELY STYLED AND SUPERBLY UPDATED
DETACHED FAMILY HOUSE OF SPACIOUS
POPORTIONS.

• Upvc double glazed • 4 Generous bedrooms, en-suite to master
• A superb 21' lounge • Refitted kitchen plus utility
• Cloakroom • Double garage £229,950



KINGFISHER CLOSE

A WONDERFULLY PRESENTED, SEMI DETACHED FAMILY PROPERTY, OFFERED WITH NO ONWARD CHAIN.

• 3 Bedrooms • Double glazed • Refitted kitchen/dining room • Utility room • Refitted luxurious bathroom • Must be seen.

£134,995



**CAVENDISH HOUSE** 

A SPACIOUS GROUND FLOOR APARTMENT, OFFERED WITH NO ONWARD CHAIN.

2 Double bedrooms
 Good size lounge
 Double glazed
 Kitchen with hob
 woen
 Allocated parking to the rear



**STURMER** 

AN ATTRACTIVELY STYLED HOUSE OF DECEPTIVELY SPACIOUS PROPORTIONS, OCCUPYING A RURAL POSITION WITH COUNTRYSIDE VIEWS.

• 4 Double bedrooms • 22' Lounge • Large dining room
• Kitchen/breakfast room • Large indoor swimming pool
• Double garage with office above

£458,000



Email: haverhill@balmforth.co.uk 12 High Street, Haverhill, CB9 8AR







Shardlow Close

Two bedroom mid terrace property includes lounge, kitchen, 2 bedrooms, bathroom, front & rear gardens and single garage. Viewing recommended





Steeple Bumpstead

No onward chain. Two bedroom semi detached bungalow includes lounge, dining area, kitchen, bathroom, gardens and off street parking.







Great Wratting

Extended four bedroom detached cottage includes kitchen dining room, cloakroom, utility room, lounge, study, games room, gardens and parking.



#### Stradishall

No onward chain. Two bedroom mid terrace property includes cloakroom, dining area, kitchen, lounge, utility room, bathroom, gardens and garage

£99,995



#### **Pavilion Court**

No onward chain. One bedroom mid terrace property includes lounge, kitchen, 1 bedroom, bathroom, front & rear gardens and off road parking.

£100,000



#### **Bloomsfield Road**

The Rowles, one bedroom apartment includes lounge dining room, kitchen, bedroom, bathroom and parking space Viewing highly recommended.

**COMING** 

SOON

Three bedroom semi detached property includes cloakroom, kitchen, lounge, conservatory, 3 bedrooms, bathroom,

gardens, garage and off street parking



#### **Parkside**

No onward chain. Three bedroom end of terrace property includes lounge, kitchen, dining area, 3 bedrooms, bathroom & wc and gardens.



# **Bloomsfield Road**



## Kedington

No onward chain. Three bedroom semi detached property includes lounge, kitchen dining room, bathroom, bedroom 3/study, gardens and garage.

£135,000

# **COMING** SOON

#### **Elmhurst Close**

Extended three bedroom end of terrace property includes lounge, dining room, kitchen, 3 bedrooms, bathroom, gardens, garage and off street parking



#### Steeple Bumpstead

No onward chain. Two bedroom semi detached bungalow includes lounge, kitchen breakfast room, bathroom, loft room, gardens and off street parking.



#### Saffron Walden

No onward chain. Live/work two bedroom split level apartment includes lounge, kitchen, office, ensuite room, 2 bedrooms and bathroom.



#### **Orchard Close**

Two bedroom semi detached bungalow includes lounge, conservatory, kitchen, 2 bedrooms, shower room, front & rear gardens and single garage



#### **Brybank Road**

Three bedroom end of terrace property includes cloakroom, kitchen, lounge, master bedroom with ensuite, bathroom, gardens and garage



**Horsham Close** 

No onward chain. Two bedroom semi detached property includes lounge dining room, kitchen breakfast room, ns, garage and parking.



**Fryth Close** 

Two bedroom semi detached bungalow includes kitchen, shower room, lounge, dining room, front & rear gardens and



Raine Avenue

Chapple Drive

Three bedroom detached property includes cloakroom, kitchen, lounge, conservatory, master bedroom with ensuite, bathroom, gardens and garage.



## Ridgewell

Two bedroom link detached chalet bungalow includes kitchen, lounge, dining room, bathroom, front and rear ns and single garage.



## Apple Acre Road

The Argent, four bedroom mid terrace house includes, lounge dining room, kitchen, cloakroom, master bedroom with ensuite, bathroom and parking.



## Withersfield Road

Three bedroom semi detached property includes shower room, lounge, kitchen dining room, conservatory, bathroom, gardens, garage and off street parking.



Apple Acre Road

The Wilshire, four bedroom end of terrace includes lounge dining room, kitchen, cloakroom, master bedroom with ensuite, bathroom and garage.

£194,950



**Billings Close** 

Four bedroom link detached property includes study, cloakroom, dining room, kitchen, lounge, 2 ensuites, bathroom, front & rear gardens and garage.



**Shetland Road** 

Extended five bedroom detached property includes cloakroom, lounge, dining room, kitchen, dining room, ensuite, gardens and double garage.



Kedington

No onward chain. Two bedroom detached bungalow includes shower room, lounge, kitchen breakfast room, gardens, parking and field to side.



Thurlow

includes reception hall, utility area, 2 sitting rooms, kitchen, dining room, conservatory, gardens and parking.



# **Little Wratting**

Four bedroom converted barn includes dining hall, drawing room, media room, kitchen breakfast room, master suite, 2 further ensuites, 4.5 acres & stables.

# Motorsnows www.motorsnow.co.uk First outing for Jag XJ at Luxury Fair



week, Jaguar's all-new XJ will be making one of its first public appearances alongside some of the world's most luxurious brands at the 2009 Gulf Luxury Fair.

Taking place this weekend in London's InterContinental Hotel on Park Lane, this annual luxury-shopping fair attracts wealthy shoppers from both the UK and the Middle East.

Geoff Cousins, managing director of Jaguar in the UK, said: "This luxury-fuelled event is ideal for showcasing our exciting new Jaguar.

"Not only will we reach an important UK audience, 70 per cent of visitors will be from the Middle East which is the all-new XJ.'

Sleek, sporting and sophisticated, the all-new Jaguar XJ brings a daring new spirit to automotive luxury - it offers a seductive mix of striking design, breathtaking performance and engineering without compromise.

All of Jaguar's acclaimed new ultra-efficient petrol and diesel engines will be available in the XJ.

It is available to order now, with the first customers due to receive their cars in early 2010. Prices start at £52,500.

For details, visit www. jaguar.co.uk/xjmedia.com.

For more on the Gulf Luxury Fair visit www. gulfluxuryfair.com.





2005 55 FORD Flesta 1.4 TDCl Style, 29k, Manual, blue, Diesel, Hatchback, FSH, 235 a year road tax ... ... 25,395 2006 06 FORD Flesta 1.25 Zetec, 31,000 miles, Manual, black, Petrol, Hatchback, FSH, climate pack ... ... 25,395 DIACK, PETROI, TRADITIONAL TOTAL OF THE STATE OF THE STAT 2003 03 GALAXY LX TD DI 130bhp 6 Speed, met red, 2005 55 VAUXHALL Corsa 1.2l 16v SXI, 24k, manual, orrew netrol hatchback, FSH, air con, half leather ... £4.995 2006 55 PEUGEOT 206 1.4 Verve, 44k, manual, black, 2004 54 SEAT Ibiza 1.2 SX, 52k, manual, grey, petrol, hatchback, FSH, climate control .: :4,3993 2005 55 FIAT Punto 1.2 Active, 31k, manual, black, petrol, £3,995 

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FABIA 1.4 8v Classic, 5 door, hatchback, PAS, immobiliser, service history, drivers airbag, 1 immobiliser, service history, drivers airbag, 1 owner 1,995

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MAZDA MAST 3.4 Sportuge of 15 TID Diseal Vertor Sport 130, Stat Nat. Aux. 0.7K

SAAT TOLEDO 2.0 TO 130 FAIR, 730 K, Mer Black, AV. C. O. 11K, FSH.

MAZDA MAST 3.4 Sportuge 1, 500 K, Mer Black, AV. C. O. 11K, FSH.

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It is open from 10am on Saturday and 9.30am on Sunday. Call (01590) 612888 or visit www.beaulieu. co.uk/tickets.

# Qubo is latest to be given eco:Drive

THE versatile Oubo mini-MPV is the latest in Fiat's range to benefit from eco:Drive, the incar system that can save fuel and reduce emissions.

eco:Drive, which allows drivers to download a record of their driving style from car to computer with a USB memory stick, and learn how to reduce their impact on the environment, is already available on other Fiat cars, including 500, 500C, Grande Punto and Bravo.

"We want our cars to be fun, but they must also be practical and environmentally friendly," says Andrew Humberstone, managing director, Fiat Group Automobiles UK.



# New look cee'd is out in the open

KIA Motors has released the first pictures of the new cee'd, revealing a much improved and updated look including the new "family face" of the

This mid-life change unusually includes sheet metal changes to the bonnet plus alterations to the bumper, grille and light clusters. There have been some enhancements to the interior too in terms of specification and design including a more intuitive centre console and upgraded audio system including Bluetooth connectivity.





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If I do not answer then please leave a message as any information would be extremely useful and I will be grateful

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OF TRAFFIC) ORDER 200

to allow for carriageway resurfacing, patching and associated works to be carried out in safety. The works are expected to take place overnight between

Saturday 15 August and Saturday 5 September 2009. The Order would come into force on 10 August 2009 and have a maximum duration of eighteen months.

The effect of the Order would be to close the M11 -

- (a) northbound carriageway between its junctions with the exit slip road to Junction 10 and the entry slip road from Junction 11, including the entry slip road from Junction 10, from 7pm Saturday 15 to 10am Sunday 16 August, and 9pm Sunday 16 to 6am Monday 17 August, diverting vehicles to exit the M11 at Junction 10 then via the A505 and A10 to reioin the M11 at Junction 11:
- northbound carriageway between the exit slip road to Junction 12 and the entry slip road from Junction 13, including the northbound entry slip road to Junction 12, from 7pm Saturday 22 to 10am on Sunday 23 August, diverting vehicles to exit the M11 at Junction 12 then via the A603, A1198, A428 to reioin the M11 at Girton Interchange Junction 14, and
- northbound carriageway between the exit slip road to Junction 13 and the entry slip road from Junction 14 from 9pm Sunday 23 to 6am Monday 24 August, diverting vehicles to exit the M11 at Junction 13 then

The closures (which would not apply to works

#### MRS A V MIDDLETON

An official of the Highways Agency

General Enquiries relating to this notice may be made in writing to Nick Cook at the Highways Agency, Woodlands, Manton Lane, Manton Industrial Estate, Bedford MK41 7LW or by telephoning 01234 796040

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**PUBLIC NOTICES** 

**PUBLIC NOTICES** 

## **Public Notices**

# HIGHWAYS

HIGHWAYS AGENCY ROAD TRAFFIC REGULATION ACT 1984 -SECTION 14(1)(a) THE M11 MOTORWAY (JUNCTION 10 TO JUNCTION 14, CAMBRIDGESHIRE) (TEMPORARY PROHIBITION

NOTICE IS HEREBY GIVEN that the Secretary of State for Transport intends to make an Order on the M11 Motorway between Junctions 10 and 14 in Cambridgeshire

- southbound carriageway between its junctions with the exit slip road to and the entry slip road from Junction 12, from Tuesday 1 to Saturday 5 September between the hours of 8pm to 6am Tuesday to Thursday and 9pm Friday to 6am Saturday, diverting vehicles off and back onto the M11 via the exit and entry slip roads:
- via the A1303, A428, A1198 and A14 to rejoin the M11 at Girton Interchange Junction 14.

emergency service or traffic officer vehicles) and diversion routes would be clearly signed throughout the duration of the works.



#### **Public Notices**

## INSOLVENCY ACT 1986

#### IN BANKRUPTCY

Bankruptcy Orders have been made in the undermentioned Courts against the following (note: all debts due to the estate should be paid to me):

#### CAMBRIDGE COUNTY COURT

No. 429 of 2007 RE: BARBARA JOYCE CRICK also known as BARBARA JOYCE STOPP, Unemployed, residing at 238 Nuns Way, Cambridge, CB4 2NT also known as Barbara Joyce Stopp. I intend to pay within four months from 21 August 2009 (being to pay within four months from 21 August 2009 (being the last day for proving) the first and final dividend of 20 ptc. Creditors who have not yet proved their debts must do so by 21 August 2009 otherwise they will be excluded from the dividend. The required proof of debt form is available on the Insolvency Service website (www.insolvency.gov.uk, select "Forms" and then form 6.37). Alternatively, you can contact my office at 2nd Floor, Sunley House, Bedford Park, CROYDON, CR9 1TX telephone 02086 67+8024 to supply a form.

No. 170 of 2006 RE: MICHAEL PAUL POTTER Retired of Upstairs Flat, 22 Derby Road, Cambridge, Cambridgeshire, CB1 7BU, lately residing at 214 Redland Road, Redland, Bristol, Avon, BS6 6YR, formerly at Hall Floor Flat, 18 Ninetree Hill, Bristol, Avon. BS1 3SQ. I intend to pay within four months from 24 August 2009 (being the last day for proving) the first and final dividend of 4 p/£. Creditors who have not yet proved their debts must do s by 24 August 2009 otherwis they will be excluded from the divident. The required proof of debt form is available on the Insolvency Service website (www.insolvency.gov.uk., select Forms' and then form 6.37). Alternatively, you can contact my office at 2nd Floor, Sunley House, Bedford Park, CROYDON, CR9 tatlephone (2008 67±8051 to supply a form. they will be excluded from the

P Cropper, Official Receiver and Trustee, NDU Croydon, 2nd Floor, Sunley House, Bedford Park, Croydon, CR9 1TX

#### NSOLVENCY ACT 1986 IN LIQUIDATION

A Winding-up Order has been made in the undermentioned Court against the following:

#### RURY ST FIMILINIS COUNTY COURT

No. 9 of 2009 RE: WOOD 'N' WORKSHOPS (BURY ST EDMUNDS) LIMITED On 25 February 2009 a winding-up was made against WOOD 'N' STUFF TRAINING WORKSHOPS (BURY ST EDMUNDS) LIMITED registered office at and which traded under the style WOOD 'N' STUFF from 1-4 Station Hill, Bury St Edmunds, Suffolk IP32 6AD also trading from 2 The Drift, Nacton Road, Ipswich and 3 Rookland Way, Haverhill, Suffolk, CB9 8PB.

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#### **Public Notices**

CAMBRIDGESHIRE COUNTY COUNCIL (Potton Road, Hilton)
(TEMPORARY PROHIBITION OF THROUGH TRAFFIC) **ORDER 2009** 

NOTICE is given that Cambridgeshire County Council intends within seven days, to make an Order pursuant to the Road Traffic Regulation Act 1984, as amended by the Road Traffic (Temporary Restrictions) Act 1991 the effect of which is to stop any vehicle from proceeding along Potton Road, Hilton as lies between Hilton Village to Galley Hill Roundabout.

Access will be maintained to properties affected by

The alternative route for vehicles is A14 - A1198 - B1040 & vice versa .

The proposed Order is made to facilitate resurfacing works which are being carried out on or near this highway and it will come into operation on 3rd August 2009 and continue until those works have finished or to the 2nd February 2010 which ever is the earlier. It is anticipated that these works will be carried out on

3rd August and 10th August 2009. Brian Smith, Executive Director, Environment Services, Shire Hall, Castle Hill, Cambridge CB3 0AP

NH/09/214 Thursday 23rd July 2009

(the C173, Station Lane, Offord Cluny)
(TEMPORARY PROHIBITION OF THROUGH TRAFFIC)
ORDER 2009

NOTICE is given that Cambridgeshire County Council has made an Order pursuant to the Road Traffic Regulation Act 1984, as amended by the Road Traffic (Temporary Restrictions) Act 1991, the effect of which is to stop any vehicle from proceeding along the C173, Station Lane, Offord Cluny as lies between points 10 metres either side of Offord level crossing. Access will be maintained to properties affected by this order.

The alternative route for vehicles is via Mill Road The alternative route for vehicles is via Mill Road, Church Street and High Street Buckden to the A1 - north on the A1 and turn off to Brampton via Buckden Road, Brampton - continue via Brampton vilage to the Huntingdon Ring Road - turn left to Godmanchester. In Godmanchester turn right to Offord Cluny via West Street - in Offord Cluny turn right into Station Lane & vice versa.

The Order is made to facilitate essential maintenance works which are being carried out on or near this highway and it will come into operation on 25th July 2009 and continue until those works have finished or to the 24th January 2010 which ever is the earlier. It is anticipated that these works will be carried out between 2130hrs Saturday 25th July and 0920hrs Sunday 26th July 2009

Brian Smith, Executive Director, Environment Services, Shire Hall, Castle Hill, Cambridge CB3 0AP

Thursday 23rd July 2009



Cambridgeshire County Council

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Previous experience in a telephone sales environment would be advantageous for both these positions and you will be required to demonstrate excellent communication skills. You should also have a good standard of written English, and a good knowledge of good standard of Microsoft Office.

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In the first instance please forward a CV and covering letter to Louise Shephard: Louise.shephard@cambridge-news.co.uk or telephone 01223 434311 and we will forward a job description and an application form.

Closing date for applications: Friday 31st July 2009.

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# UNIVERSITY OF CAMBRIDGE SCHOOL OF CLINICAL MEDICINE **Computer Officer post (Grade 6) Clinical School Computing Service**

The Clinical School Computing Service is looking for an articulate, self-motivated individual to join its Support Service section. The successful applicant will be working within a team of nine providing helpdesk support for University departments based at the Addenbrooke's site.

You will take part in the helpdesk rota providing first and second line support for a range of computer hardware and software including Windows XP, Vista and Mac OS X. In addition you will assist in the development and management of services and servers with the opportunity to develop skills to

Applicants are expected to hold a good degree or equivalent qualification and Application in Capital and a good agree or equivating quantum quantum and have excellent communication and interpersonal skills. Knowledge of Windows XP, Vista and Microsoft Office suite is essential. Knowledge and/or experience of the following would be advantageous: Mac OS X, WDS, Active Directory, DHCP and printer management.

Appointment will be for three years in the first instance. Salary scale £25,623 to £29,704 per annum (possible progression on contribution once in post to £35,469). The post also comes with an extensive range of employment benefits including 33 days leave (exc. Bank holidays), career development and a generous salary contribution.

Further information may be obtained from Jon Holgate, Head of IT Suppor Service, email jh535@medschl.cam.ac.uk

For an application form and information pack please email Alison Cutmore cscs-admin@medschl.cam.ac.uk. Closing date for completed applications including details of three referees who may be consulted before interview, is

#### **General Vacancies**

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# Getting ready for the upturn

FOLLOWING the acquisition of 31 branches of Kelly Services in March this year, Interaction Recruitment has continued to expand and develop, priming itself to gain market share and capitalise on the upturn when it

Adding credence to his statement that recession accelerates change and that communication with customers now and internal talent management through the branch network will ensure that Interaction has a healthy business when the markets begin to recover, Andrew Gilchrist, MD, is driving forward with a recruitment campaign to attract quality consultants to the business.

The Cambridge branch of Interaction, one of the flagship

offices for the company, has recently recruited two new consultants, Emma Irving permanent consultant, office, and Shyreem Raiytt, temporaries consultant, office

#### **Emma Irving** (nee Mitchinson)

Following a long and successful career in travel, Emma entered the world of recruitment in 2005 with a national agency as a permanent consultant.

After two fruitful years she was approached by another local agency and joined them, again as a permanent consultant, working her way up to senior consultant and gaining her Certificate in Recruitment Practice.

Emma left to travel the world in October 2008 and joined the Cambridge team of Interaction July 2009.

Emma says: "I have had many successes within commercial recruitment and was a finalist at the Cambridgeshire Recruitment Awards in 2006.

"I have built a strong foundation within the Cambridge mar-ketplace and I look forward to building on this with Interaction Recruitment."

To contact Emma please call (01223) 314988 or email emma.irving@irweb.co.uk.

#### Shvreem Raivtt

A graduate from Essex University in sociology, culture and media, Shyreem began her sales career at a well established procurement company before working for national agencies as

a permanent consultant, Following three successful years where she received a merit in an REC examination, Shyreem also left to travel the USA. Upon her return and a relocation to the Cambridge area, she has joined Interaction as a temporaries consultant, adding to a well established and professional team of four working within the Office Support Sector. Shyreem says: "It's all been a

bit non-stop and now I am running the office temp desk as opposed to permanents, which I have done for years, but I am really enjoying the change and I am definitely up for the challenge."
To contact Shyreem please

call (01223) 314988 or email Shyreem.raiytt@irweb.co.uk.









# PRESS COMPLAINTS COMMISSION **PUBLIC MEMBER**

Applications are invited for a new public member of the PCC, the body that deals with complaints about the editorial content of UK newspapers and magazines and their websites (including audio-visual material). The appointment - which is made by an independent Appointments Commission - is for a term of three years.

Membership - which comes with remuneration of £11.25k per annum involves nine board meetings in central London each year (usually on a Wednesday afternoon), and occasional ad hoc Committee work. In addition, Commission members are sent papers for consideration each

Applicants will need to demonstrate a record of achievement in their own walk of life, an interest in and appreciation of the dynamics of a free press and new media, an acceptance of the principles of self regulation, and an ability to analyse and digest a large amount of written material. Because of the importance of the Commission's independence, applicants should not have been employed in the newspaper and magazine publishing industry - at management or editorial level - for the last ten years.

A job description is available on the PCC's website - www.pcc.org.uk. Applications must be made by Tuesday September 1st 2009; interviews of a shortlist of candidates are expected to take place in early October.

Full details of application procedure are contained in the job description. For those without access to the internet, a copy can be obtained from Kim Baxter, PCC, Halton House, 20/23 Holborn, London, EC1N 2JD.



# Make the environment your own.

# 6 month training contract for people from Black and Minority **Ethnic communities**

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The Environment Agency is playing a vital part in making England and Wales a better place to live. We ensure that air, land and water are looked after by everyone in today's society, so that tomorrow's generations inherit a cleaner, healthier world. It's a mission that affects every community equally. But not every community is equally represented in our workforce.

That's why we're launching a training programme under section 37 of the Race Relations Act 1976 to provide training to individuals who are interested in Environmental Protection activities. This training will involve opportunities to shadow current Environment Officers.

These are the people who inspect sites, check permits and enforce the law, but also build constructive relationships with businesses to encourage them to achieve more. It takes resilience, strength of character and commitment. But there's huge satisfaction from knowing you have a positive role in protecting the environment.

For a full information pack and to apply, please visit www.environmentagency.gov.uk/jobs Alternatively please call 0845 601 2233 or email environment.officer@environment-agency.gov.uk quoting reference 14220. Closing date: 29 July 2009. If you don't fit the criteria for these training contracts, visit our website to find out more about our other opportunities, which are open

There is no guarantee of employment at the end of the traineeship, although you will be given the opportunity to apply and compete with a wider applicant base for our Environment Officers intake in February 2010.

Diversity: it's in our nature



Information provided on these pages is intended for general information purposes only and does not constitute legal or other professional advice.

# Your CV

When you send your CV off to a potential employer, remember that you won't be the only one. Hundreds of other people could be applying for the job as well.

So what are you going to do to make you stand out from the crowd? Why should an employer take a chance on you instead of someone else?

Your CV is your first real chance to sell yourself to a potential employer. Most employers will scan through a CV in about 30 seconds so you need to grab their attention from the start - and make them want to invite you for an interview.

# There are five main areas to consider when writing your CV:

- Make sure your CV looks the part. Your CV should look clean and tidy don't scrawl it out on a piece of A4 paper. If you haven't got access to a PC or printer, ask a friend or use your local library. Use a good quality paper and steer clear of fancy borders and front covers.
- Watch out for silly spelling and grammar mistakes. They make you look lazy and show employers that you don't really care. It's not difficult to do a spell check on your PC and if you're really stuck then don't just guess, reach for a dictionary. Get a friend to read through your CV for you a second opinion is always useful.
- Make sure your CV is well organised. When you list your previous jobs, make sure the dates are correct and try not to leave any gaps. If you took time out to go travelling then say so employers won't mark you down just because you've tried something new.
- Don't waffle. Remember that employers don't have time to read every word of your CV. Long paragraphs and sentences put people off, so try bullet-points to break up text. Make sure your CV is no longer than two pages long employers don't want your life history, they just want to see that you've got what it takes to do the job.
- Don't list any failures. Employers have enough trouble finding someone who is right for the job they don't need help finding reasons not to employ you. If you have to include a mistake from your past, make sure you show the employer that you learnt something from the experience.

# Keep it simple

### Personal details

Start off with your full name, address, date of birth, home and mobile phone numbers, email address and nationality. If you are offered an interview, the employer will want to get hold of you so give him as many options as possible.



# Summary/professional profile

This is the No1 area for selling yourself. Set out your main skills and personal qualities but keep it interesting and tight - one paragraph should do to cover everything.

# **Education and qualifications**

List your qualifications and education history, with the most recent first. You don't need to list the grades for each exam you have passed unless they were exceptional results - simply listing the number and type of exams you've passed is fine. Also, list any relevant professional organisations you belong to and training courses you have been on.

# Work experience

Start with your most recent position and work backwards, giving addresses along with start and finish dates. Set out your main responsibilities, duties and most importantly achievements, along with any skills you picked up or improvements you made while you were there. This is a really important section in your CV so make it count - but don't waffle.

If you have not had a full-time job before, detail any part-time jobs you may have held or any placement you have been on.

#### Other skills

Set out any computer skills you may have and the software you are most familiar with. Can you type, do shorthand or speak a foreign language fluently? If you have a driving licence, let the employer know. If it's clean, tell them.

#### Interests & hobbies

Briefly list what you get up to in your spare time. Put down any positions you hold in clubs or associations, along with any responsibilities and achievements.

#### References

Make sure you have at least two people (including one from your previous or current job) who will tell an employer what a thoroughly nice person you are and what a potential asset to the company you would be. If you want to list them now make sure you include their name, job title, postal & e-mail address and contact phone numbers. Alternatively, just put "Available on request" so the employer knows to follow up references at a later date.

# Add a covering letter

The main aim of a covering letter is to encourage an employer to give you a chance. You want them to read your CV, so sell it to them. You should always enclose a covering letter when applying for a job - most employers won't consider you unless you do.

A covering letter should let the employer know why you are interested in the job and why you think you can do it.

# The hints and tips below should point you in the right direction:

- Keep it simple. A covering letter should be short and to the point no more than six paragraphs.
- Mention the job. If you are replying to an advert, mention what the job is and where you saw it. The company may be advertising for other positions and it may not be clear which job you are applying for.
- Sell yourself. Explain why you are the perfect candidate for the job. Show off your strengths and experience. Refer to your CV if it goes missing then at least an employer will know that you've sent it.
- Check it for mistakes. A silly spelling mistake in a covering letter is likely to cost you your chance of getting an interview. Also, make sure it is addressed to the right person in the right department.

A covering letter can be just as important as a CV in getting you an interview. It's your first point of contact with your potential employer - so make it count.

# » Golf

# A Rush of honours in a big week

A BIRDIE at the first hole of the play-off gave Haverhill's Ollie Rush victory in the Del Bower Suffolk Assistant's Champion-

And to cap a good week for the staff at Coupals Road, Harry Mills has passed his PGA Playing Ability test.

Rush had scores of 73 and 74 at a testing and blustery Hintlesham, finishing level with Ryan Wingate of the Ipswich club, a former junior member at Coupals Road and assistant at Saffron Walden.

After clinching his first professional win, Rush said: 'I'm thrilled to have won this prestigious event.

I would like to thank my long-game coach Stuart Robertson (Ufford Park) and



Paul Wilby (the Haverhill club pro) for my short game and also my sponsors, Atlantic Health

and Spa."
Mills, who has been a junior member at Haverhill for six years and plays off a handicap of three, opened the door to the world of professional golf over 36 holes at Bishop's Stortford.

He can now start the process

Something to celebrate: Haverhill club pro Paul Wilby (centre) with Ollie Rush (left) and Harry Mills.

of turning professional, taking a degree course in golf at Birmingham University before becoming a full member of the

He said: "We have our PGA

East Region Pro-Am here on August 28 and I am hopeful that I will be eligible to play as a professional and not as an amateur in this event."

Wilby added: "I am very proud ■ of my team, who have achieved significant steps in their own careers. The boys work very hard and are a great asset to myself and to the golf club."

# Haverhill too hot

HAVERHILL'S Curry Cup team rocked defending champions Benton Hall in the battle for supremacy in their division of the Curry Cup.
Despite being 4-2 down after the morning foursomes, the visitors hit back with a vengeance in the singles, winning 7½-4½ to preserve their unbeaten record and add three

bonus points. With points deciding who goes into the semi-finals, Haverhill are now waiting to see if Joe Davis' team can emulate the feats of the Tolly Cobbold and Parks Trophy squads in reaching the latter stages of a competition.

■ The Coupals Road course provided mixed fortunes for Suffolk against Bedfordshire.

On the first day the Suffolk second team lost out over 36 holes of greensome and singles play, but their

seniors triumphed the following day.

■ Hilary King went from last to first in the two domestic ladies competitions played during the week. She trailed home in the July Stableford but then, with Pat Wellstead, Pat Kennedy and Sue Carr, came out top in the Starlighters Open.

Runners-up were Jackie Adams, Carol Gardner and Denise Walker.

Denise Walker.

July Stableford: D Walker

36, M Sail 35, H Eldred, C
Heathfield 34, A Fairhead 32, M
Mercer, S Price 31, J Condon 30, L
Mactarlane, L Fish 29, P Kennedy

28, G Wheatley, C Gardner 27, P
Calmet, C Day 26, T Spittle, S
Playle, G Riichardson 25, D Walters

24, P Wellstead, D Merchiss, J

Paurene, S Can 22, L Nete 21, L Bowers, S Carr 23, J Stokes 21, J Adams, H King 11.

Haverhill's men beat Newton Green 6-2 at

Coupals Road.

Sunday medal – Division One: G
Price 66, P Driscoll 67, T Daniels
8. Division Two: H Bavester 62,
S Turner, P Bowers 64. Division
Three: J Mulley 66, G Cox 68, C
Siler 70.

# >> Cricket

# It's Manor from heaven!

# **RESULTS ROUND-UP**

## » Cricket

CCA SENIOR LEAGUE
Division One: Balsham 95 for 7 (20pts) Fulbourn
Institute 92 (5pts, 8arrington 187 for 9 (7)
Wilbrahams 188 for 7 (20). Cambridge St Giles 136 for
8 (20) St Ives Town 113 (6). Camden 1205 for 4 (20)
Horseheath 204 for 7 (7). Thriplow 140 (7)
Doddington 184 for 8 (20).
Publisho Turk, Cottacham, (0) v Velling (0), a pitch

Division Two: Cottenham (0) v Yelling (0) - pitch unfit, Histon 119 for 8 (20)
City of Ely 118 for 9 (6), Linton Village 108 for 3 (20)
Royston 102 (3), Milton 142 for 9 (8) Hardwick &

CRICKET STICK CCA JUNIOR LEAGUE

Division 3C: Harlton 156 for 2 (20) Thriplow II 152 for 9 (4), Helions Bumpstead 110 (6) Balsham II 153 for 9 (20), Mill Green 94 for 9 (2) Godolphin 95 for 0 (20),

(20), Mill Gleel 19 4(1) Old Haslingfield 129 (20).

Division 4C: Barley II 205 for 7 (20) Barrington II 202 for 8 (8), Elmdon II 57 for 3 (20) Whittlesford II 50 (2), Newton (0) v Saffron Walden (20) - Newton defaulted, Royston II 115 (3) Linton Village II 200 for Division 5C: Babraham III 172 for 6 (20) Thriplow III

170 for 8 (7), Bassingbourn II 71 for 5 (20) Linton
Village III 70 (3), Cokenach II 111 (7) Sawston IV 200
(20), Hardwick & Caldecote II 52 for 4 (20) Cambourne III 51 (3)

ADAMS HARRISON MIDWEEK LEAGUE
Division One: Haverhill 139 for 3 (A Dellar 74 not out,
S Youngs 36; 20pts) Abington 137 for 3 (6pts); Horseheath 181 for 5 (D Goldsmith 58, B Cross 26, 20pts) Weston Colville 139 for 4 (7pts), Sawston 105 for 7 (A Ellis 35 not out, B Benson 25, 7pts) Babraham 111 for 8 (C Palmer 34; 20pts), Weston Colville 126 for 7 (20pts) Sawston 122 for 9 (8pts), Horseheath 84 for 1 (D Goldsmith 48, R Ketteridge 3 for 20, M Ketteridge 4 for 24 and 29; 20pts)
Babraham 82 (E Collins 29; 1pt).

Division Two: Long Melford 166 for 9(A Skeggs 56, D

Nixon 3-13; 20pts) Helions Bumpstead 153 for 9 (J Rose 37, S. Jones 34 not out and 3 for 31: C. Raynor 3 for 38, S. Bester 3 for 48; 9pts), Great Yieldham 158 for 3 (L. Phillips 68 not out, M Roberts 34, M Underwood 5 for 6; 20pts) Mill Green 93 for 9 (3pts), Ashdon 154 for 3 (C Wisby 61 not out and 4 for 17. F Maldini 50 not out; 20pts) Brockley 150 for 9 (R

# » Basketball

A BASKETBALL coaching course for youngsters is being staged at Haverhill Leisure Centre in September. Aimed at school years three, four and five, the hour-long sessions (3.30pm to

Division 3A: Gestingthorpe 109 for 5 (M Cooper 25 not out: 5pts) Hundon II 111 for 5 (20pts), Highpoint 114 for 4 (T O'Hare 68; 20pts) Gestingthorpe II 113 for 2 (6pts), Hundon 176 for 6 (B Workmaster 57, R Melville-Ross 63; 20pts) Wratting Lions 158 for 7 (R Davis 83; 8pts). **Division 3B:** Babraham II 106 for 5 (M Liles 49 not

out; 4pts) Balsham 107 for 2 (20pts), Abington II 147 for 6 (J Ketteridge 55; 6pts) Castle Maior 150 for 3 (L Savage 31 not out. B Piper 34: 20pts).

Adams Harrison League Cup, semi-finat: Ashdon 85 Castle Manor 86 for 5 (D Webb 4 for 21, B Piper 3 for 19, N Mortimer 3 for 12).

#### » Darts

**Black Horse 1 Rose Tavern 7** - Singles: B Ellis (101in) It to L Topper (125, 106out, 115), D Rogers It to J Cawley, M Sharman It to C Dale (120in) and Leanne and M Sharman It to C Dale (120in) and Leanne Topper, B Ellis (125) and A Sharman It to A Pordage (100, 100) and L Topper (125, 100). Triple: S D Rogers B Ellis (109) and C Sharman It to C Dale, Leanne Topper and L Topper. Fours: B Ellis (100), M Sharman, A Sharman and C Sharman It to R Scott (100), A Pordage (100), J Cawley and R Herridge. Captain's

Cup: A Pordage (Rose Tavern).

Suffolk Punch 1 Ex-Servicemen's A 7 - Singles: S Rudge It to S Wells (140, 100x2). J Rudge It to S Wright (100), D Sullivan (116, 140) bt C Biginton (123, 100), M Anderson It to G Flynn (104, 180). Doubles: D Sullivan (140) and J Rudge (100) It to S Wright (100) and G Flynn (140, 100x3), M Anderson and S Rudge (100) It to R Phillips and D Fish. Triple: A D Sullivan, S Rudge and M Anderson It to S Wells, P Hugill and S Dickson. Fours: J Rudge, D Sullivan, S Rudge and M Anderson It to S Wright (100, 140), D Fish, S Wells (100) and C Biginton. Captain's Cup: S Dickson (Ex-Servicemen's A).

P	W	D	L	F	Α	Pts	
Rose Tavern7	6	0	1	43	13	18	
Ex-Servicemen's A7	6	0	1	42	14	18	
Ex-Servicemen's B6	3	0	3	24	24	9	
Black Horse7	3	0	4	24	32	9	
The Vixen6	2	0	4	17	31	6	
Suffolk Punch7	0	0	7	10	46	0	

4.30pm) under the watchful eye of a qualified mini-basketball trainer are due to start on September 10 and will last 10 weeks. Application forms are available from the leisure centre.

CASTLE Manor have had a dream week in the Adams Harrison Midweek League.

The Division 3B side beat Ashdon, from Division Two, to reach the final of the Adams Harrison League Cup final and the following evening crushed Abington II to seal the divisional title and promotion.

A strong bowling performance put them in the driving seat in the cup clash, Neil Mortimer (3 for 12), Ben Piper (3 for 19) and Daniel Webb (4 for 21) skittling Ashdon for 85 in 15.4ov. Although it was not easy, Castle Manor got home by five wickets in the 17th over.

Piper got among the runs as the champions wrapped things up in Division 3B, scoring 34 in the defeat of Abington II.

Jamie Ketteridge had earlier scored 55 for the home side, who reached 147 for 6, but Piper and Liam Savage (34) powered their side to victory with two overs to spare.

While Castle Manor have been blazing a trail, though, it has gone a little bit pear-shaped for **Sawston**, who after looking favourites for the Division One title, have gone off the boil with further defeats against Babraham and Weston Colville.

However, Weston Colville were also beaten by Horseheath, who have taken over at the top of the table after also beating Babraham.

Dan Goldsmith led from the front with 48 and 58 with Mike Ketteridge taking 4 for 24 against Babraham and Gary Ellis hammering 40 against Weston.

Haverhill are also still in with a chance, they beat relegated Abington thanks to an unbeaten 74 from the in-form Adam Dellar and Simon Youngs' 36.

In Division Two, Ashdon stopped leaders Brockley from moving out of reach, thanks to a fine performance from Chris Wisby, who first took 4 for 17 and then slammed



Adam Dellar: Hammered an unbeaten 74 in the midweek league before racking up a century for Haverhill in the Marshall Hatchick Two Counties Championship.

an unbeaten 61. The bowling performance of the week came from Great Yeldham's Mark Underwood, who finished with 5 for 6 against Mill Green. Lee Phillips' unbeaten 68 secured a seven-wicket win which makes life interesting at the bottom.

The Division 3A clash between the Hundon teams is on course to be the promotion decider. The second team team saw off team team saw off **Gestingthorpe** while Bruce Workmaster (57) and Rupert Melville-Ross (63) set **Wratting** Lions a huge target, although Davis (83) did his bit.

And Tom O'Hare cracked 68 as Highpoint picked up another win, this time against Gestingthorpe II.

# Dellar the crusher

#### ■ From Back Page

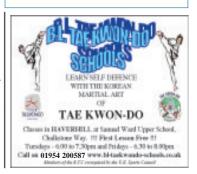
performed well with the ball to help dismiss Colville for just 95. Woodgate took 3 for 30 and Probert 3 for 37 as only Adam Taylor (32 not out) made any sort of stand with the bat.

Chris Palmer went for a duck but that was the only setback for Babraham as Tom McNulty (39 not out) and Woodgate (46 not out) guided them to 97 for 1. Opener Alfie Dixon carried his bat for a fantastic 135 and guided Camden II to a six-wicket victory at home to Horseheath in Division One of the CCA's

Senior League. The batsman shared an opening stand

of 143 with Mark Critoph (32) and, after a minor wobble, the hosts reached 205 for 4. Robbie Ketteridge and visiting captain Gary Ellis took two wickets each. Camden had earlier limited their opponents to 204 for 7, with Gav Aylisse collecting 3 for 49 and Viktor Dixon taking 2 for 46. Robbie Ketteridge was unbeaten on 68 and his uncle Mick Ketteridge mustered 64.

Ellis said: "Alfie Dixon edged a few in the air, but he didn't do a lot wrong. If we'd got him out early then we might have won, as Camden didn't have much else."



# **VEEKLY NEWS SPORT**



# Dellar the destroyer

SKIPPER Adam Dellar smashed an unbeaten century as Haverhill bounced back from three straight defeats with a 69-run win at home to Felixstowe in Division Two.

Dellar came in at No 3 after opener Simon Youngs had set the tone with 44 and went on to make 106 not out as they totalled

The captain also did his bit with the ball by claiming 3 for 40 as the visitors were bowled out for 158.

pulled us away from the teams below us."

Haverhill are at Witham tomorrow (1pm).

nine-wicket defeat by Babraham in Division Two of the Tucker Gardner Cambs and Hunts Premier League. John Woodgate and Thomas Probert

■ Turn to page 47

# Awesome foursome Chalk one up for the state sector



Picture: Keith Jones. HAV572257

CHALKSTONE Middle School were the surprise victors of the Suffolk County Schools

dominated by private schools in the past, but Chalkstone were unfazed by the opposition and romped to victory with accomplished displays in both

Dellar said: "It was a good day for myself and it was a great win that

A poor batting performance proved to be Weston Colville's undoing as they suffered a

Championships. The competition has been

singles and doubles.

The team of Aiden Petty, Aaron Forshaw, Ellis Wiffen and Connor Larkin (pictured left) were up against Castle Hill in the guarter-finals and went on to

Southlee School awaited in the semi-final and, with the pairings of Petty and Forshaw, and Wiffen and Larkin performing well in the doubles, they again eased to a 4-2 victory. The final, against Strutton, was a more one-sided affair with Chalkstone triumphing 5-1 to take the title.

Head of PE Tujan Sari said: "The team did really well. They knew they were up against some good private schools but they kept their heads up and were determined to win. All their hard

# **Ne'll be stro**

PETER Betts is backing his new-look Haverhill Rovers squad to put last season's misery behind them and enjoy a successful campaign.

The manager, whose team finished bottom of the Ridgeons League, Premier Division last term and avoided relegation because of league restructuring, has been busy during the closed season.

He has added five players to the ranks at Hamlet Croft and is keeping his eyes peeled for a new goalkeeper as

# Keeper on list for 'positive' Rovers

well. Full-back Danny Shipton has arrived at the club and brings Blue Square South experience with him following a spell at Braintree.

Striker Lee Salmons has arrived from Premier Division new boys Newmarket, while fellow attackers Scott Wilby and Brad Hickman have also signed up. Centre-half John Winter completes the list of current signings, while Paul Abbott, Marc Abbott and Joe Harvey are back from injuries which kept them out for much of last season.

And, after seeing his team defeat Brandon 4-0, AFC Sudbury 2-1 and Baldock 1-0 so far in pre-season, the boss is in confident mood.

Betts said: "We're really positive at the moment. We've won our first three pre-season games and training's been

"We needed a bit more depth in the squad and we've got that now with the players we've signed. We had three long-term absentees last season and they're back now, so we'll be much more competitive.

"If we can go from being bottom of the league to a mid-table side and have a good run in the cups, then it will be a very good progression.

Rovers are due to host Royston Town tonight (7.45pm), while the Ridgeons League fixture list is scheduled to be released tomorrow.



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